

# THE CROSS+ROADS

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## Hi-Lites

- Parish Assembly—  
October 16
- Parish Council  
Nominations  
Open
- Acolytes  
Wanted
- St. James the  
Apostle (Iakovos)  
Brother of the  
Lord—October 23
- Saint Demetrios—  
October 26

## † FROM FATHER GEORGE

### IS GOD HOME?

Recently I noticed something very real on Facebook which described a common issue in parishes. A parish can have all the programs that are seen as being needed but when God is not in the homes of the parishioners all can be seen as lacking any kind of foundation.

The Election of 2016 is just one month away. Like so many of you I receive phone calls from pollsters seeking answers to their various questions. The opening question is if the person they want to speak to is actually home. I have shared with you my enjoyment when telemarketers call the Church and ask if Constantine or Helen are available? How grateful Saints Constantine and Helen would be to know that there are people in 2016 who really want to sell them something.

We are aware of who is in our home at a given time, but is God in our homes? Do we keep our eyes and thoughts on God or do we spend more time on other people? Are we lacking the motivation that is needed to fully know our Lord and Savior Jesus Christ? Is the simple act of praying before meals being done in our homes, giving thanks

for the blessings on our tables or is that just something we do on a particular Thursday in November?

The teachings of Christ are not intended to remain in the pages of Holy Scripture. As a sponge absorbs water, we the Orthodox Christians are to take the teachings of the Lord and reach the highest level of creativity. We all need the vision to do the right things and live the true Christian example.

I ask the following “Is God in our homes?” If yes, then we have extended the proper invitation. If no, did the necessary invitation “get lost in the mail?” No door to our homes can be thick enough that the presence of the Holy Spirit cannot penetrate.

Let us look at the life of Saint Demetrios, of whom our Church celebrates on October 26th as an example of someone who allowed God to be in him. Rather than denying the Lord, Saint Demetrios paid the ultimate price. This fine military man fought the good fight and along with his good friend, Nestor are examples of dedication and faith.

## CENTURION CAMPAIGN: WE MUST SUCCEED

By Barry Hendricks

I wish I could share with you that we were celebrating the end of a successful Centurion Campaign which, in eighteen months enabled us to pay off our remaining financial obligations on the Sacalis Hall renovation loan, establish a \$40,000 emergency capital expense reserve fund, and make at least a \$10,000 community donation to the Saint Nicholas National Shrine at the World Trade Center. I would have loved to report all of that, but regrettably, we have fallen short in both pledges and funds committed towards our stated goals. If you recall, the Centurion Campaign was announced during the General Assembly on March 1st, 2015 and we set an ambitious, yet achievable goal of meeting our

(Continued on page 9)

# Fall Edition

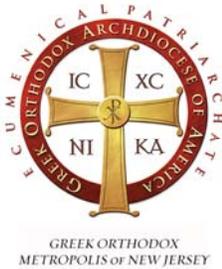
Newport News  
**Greek Festival**  
  
[www.NewportNewsGreekFestival.org](http://www.NewportNewsGreekFestival.org)

**October 20, 21, 22**

Thursday: 4 pm – 10 pm

Friday & Saturday: 11 am – 10 pm

**PLEASE VOLUNTEER**



## Glory Be To God

**Saints Constantine & Helen  
Greek Orthodox Church  
60 Traverse Road  
Newport News VA 23606**

[www.schgochurch.va.goarch.org](http://www.schgochurch.va.goarch.org)

**Phone (757) 596-6151**

**Fax (757) 596-2967**

### Email Addresses:

priest@ office@ parishcouncil@

youthdirector@ webmaster@

admin@

schgochurch.va.goarch.org

### Office Hours

Monday Through Friday  
9:00 a.m. until 5:00 p.m.

### Priest

#### Father George Chioros

Work 596-6152

Home 597-7786

Mobile 288-4487

Email frgchioros@aol.com

### Parish Council

Barry Hendricks, President

Barbara France, V.P.

Joanna Vallas, Treasurer

Zena Mageras, Assistant

Treasurer

Robert Demson, Secretary

Konstantinos Fotiadis

Dr. Bobby Garofalis

Tom Grepitios

Jason Holbrook

Peter Johns

Howard Mandeville

### Chanters

John Siokis

Harry Fotiou

Alex Constantine

John Williams

### Church Secretary

Sylvia Marcin

Archdiocese on the web  
[www.goarch.org](http://www.goarch.org)

## OCTOBER SUNDAYS

### Apolytikion for Saints Constantine & Helen, Equal-to-the Apostles in the Plagal of the Fourth Tone

Having seen the image of Thy Cross in Heaven, and like Paul, having received the call not from men, Thine apostle among kings entrusted the commonwealth to Thy hand, O Lord. Keep us always in peace, by the intercessions of the Theotokos, O only Friend of man.

Τοῦ Σταυροῦ σου τὸν τύπον ἐν οὐρανῷ θεασάμενος, καὶ ὡς ὁ Παῦλος τὴν κλήσιν οὐκ ἐξ ἀνθρώπων δεξάμενος, ὁ ἐν βασιλεύσειν, Ἀπόστολός σου Κύριε, Βασιλεύουσαν πόλιν τῆ χειρὶ σου παρέθετο ἦν περιῶζε διὰ παντός ἐν εἰρήνῃ, πρεσβειῆαις τῆς Θεοτόκου, μόνε Φιλάνθρωπε.

### OCTOBER 2 EPISTLE READING

Prokeimenon. Plagal Second Mode. Psalm 27.9,1.

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from **St. Paul's Second Letter to the Corinthians 4:6-15**

Brethren, it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Christ. But we have

this treasure in earthen vessels, to show that the transcendent power belongs to God and not to us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be manifested in our bodies. For while we live we are always being given up to death for Jesus' sake, so that the life of Jesus may be manifested in our mortal flesh. So death is at work in us, but life in you. Since we have the same spirit of faith as he had who wrote, "I believed, and so I spoke," we too believed, and so we speak, knowing that He who raised the Lord Jesus will raise us also with Jesus and bring us with you into His presence. For it is all for your sake, so that as grace extends to more and more people it may increase thanksgiving, to the glory of God.

### GOSPEL READING

**Luke 6:31-36**

The Lord said, "And as you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what

## ACOLYTES

### OCTOBER 2, 23

#### Team A

**Jorgie Polyzos**

Yianni Tsimplekis

James St. Martin

Dean Peri

### OCTOBER 9

#### Team B

**Ethan Detweiler**

Anthony Capobianco

Cris Campbell

Soterios Tofalli

Kyprianos Tofalli

### OCTOBER 16

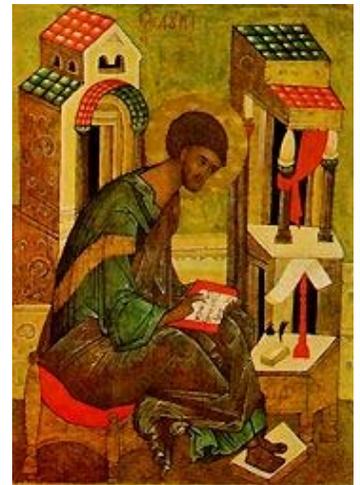
#### Team C

**Hayden Hendricks**

Georgios Haramis

Christos Konstantinou

Christopher Myers



## PARISH MINISTRIES & ORGANIZATIONS

### Philoptochos

Trish Demson, President

### Religious Education

Viola Nicholls Allen, Director

### Greek School

Paula Tofalli, Aphrodite Christopoulos

### Youth Ministry

Stephanie Peri and Kent Paumier, Advisors

### Acolytes

Barry Hendricks, Director

### JOY/HOPE

Helen Micha, Director

### Greek Orthodox Youth Association (GOYA)

Fofi Gouletas, President

Kent Paumier, Advisor

### Young Adult League (YAL)

Anastasia Theodorogiannis, President

### Golden Hearts

Helen George, President

### Order of AHEPA

Nick Matthews, President

### Daughters of Penelope

Joanna Vallas, President

### Hellenic Womens Penelope Society

Marika Anthony, President

### Hellenic Youth Dancers

Bobby Garofalis, Director

**ACOLYTES**

Help Wanted - Young Men Called to Serve as Altar Boys  
We are actively seeking reliable and faithful young men, between the ages of 8 and 18, to join our dedicated team of acolytes and serve their Church as Altar Boys. Service as an Altar Boy in the liturgical celebrations of the Church remains one of prominence and distinction. It is considered the foundation and development of a young man's stewardship to the Church; a service that is offered to God as a regular offering of talent and ability.

Our community is richly blessed with a dedicated group of young men who have been called to serve as Altar Boys, but we are always looking for new members. If there are any young men who want to start learning, the summer is the perfect time to start when we absences to the teams due to vacations.

If you have a son, grandson, or Godson who is interested in serving, please contact Barry Hendricks at brhendricks@cox.net or 757.218.2053.

credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

Κατὰ Λουκᾶν 6:31-36

Εἶπεν ὁ Κύριος· καθὼς θέλετε ἵνα ποιῶσιν ὑμῖν οἱ ἄνθρωποι, ποιεῖτε αὐτοῖς ὁμοίως· καὶ εἰ ἀγαπᾶτε τοὺς ἀγαπῶντας ὑμᾶς, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ οἱ ἁμαρτωλοὶ τοὺς ἀγαπῶντας αὐτοὺς ἀγαπῶσι· καὶ ἐὰν ἀγαθοποιήτε τοὺς ἀγαθοποιούντας ὑμᾶς, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ οἱ ἁμαρτωλοὶ τὸ αὐτὸ ποιοῦσι· καὶ ἐὰν δανείζητε παρ' ὧν ἐλπίζετε ἀπολαβεῖν, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ ἁμαρτωλοὶ ἀμαρτωλοῖς δανείζουσιν ἵνα ἀπολάβωσι τὰ ἴσα· πλὴν ἀγαπᾶτε τοὺς ἐχθροὺς ὑμῶν καὶ ἀγαθοποιεῖτε καὶ δανείζετε μηδὲν ἀπελπίζοντες, καὶ

ἔσται ὁ μισθὸς ὑμῶν πολὺς, καὶ ἔσεσθε υἱοὶ ὑψίστου, ὅτι αὐτὸς χρηστός ἐστιν ἐπὶ τοὺς ἀχαρίστους καὶ πονηροὺς. Γίνεσθε οὖν οἰκτίρμονες, καθὼς καὶ ὁ πατὴρ ὑμῶν οἰκτίρμων ἐστί.

**WISDOM OF THE FATHERS**

What is it that I love when I love you? Not the beauty of a body or the comeliness of time. Nor the luster of the light pleasing to the eyes, nor the sweet melodies of all manner of songs, nor the fragrance of flowers, ointments and spices, not manna and honey, nor limbs welcome to the embrace of the flesh - I do not love these when I love my God. And yet there is a kind of light, a kind of voice, a kind of fragrance, a kind of foods, a kind of embrace, when I love my God, who is the light, voice, fragrance, food, embrace of the inner man, where there shines into the soul that which no place can contain, and there sounds forth that which time cannot end, where there is fragrance which no breeze disperses, taste which eating does not make less, and a clinging together which fulfillment does not terminate. It is this that I love when I love my God. St. Augustine, Confessions 10.6 in The Confessions of St. Augustine, p. 244, 5th century

**HYMNS OF THE DAY****Resurrection Apolytikion in the Plagal Second Mode**

Angelic powers were above Thy tomb, and they that guarded Thee became as dead. And Mary stood by the grave seeking Thine immaculate Body. Thou hast despoiled Hades and wast not tried thereby. Thou didst meet the Virgin and didst grant us life. O Thou Who didst arise from the dead, Lord, glory be to Thee.

Ἄγγελικαὶ Δυνάμεις ἐπὶ τὸ μνημῆμά σου, καὶ οἱ φυλάσσοντες ἀπενεκρώθησαν, καὶ ἴσατο Μαρία ἐν τῷ τάφῳ, ζητοῦσα τὸ ἄχραντόν σου σῶμα.

Ἐσκύλευσας τὸν Ἄδην, μὴ πειρασθεὶς ὑπ' αὐτοῦ, ὑπήντησας τῇ Παρθένῳ, δωρούμενος τὴν ζωὴν, ὁ ἀναστὰς ἐκ τῶν νεκρῶν, Κύριε δόξα σοι.

**Apolytikion for Martyrs Cyprian and Justina in the Fourth Mode**

As a sharer of the ways and a

successor to the throne of the Apostles, O inspired of God, thou foundest discipline to be a means of ascent to divine vision. Wherefore, having rightly divided the word of truth, thou didst also contest for the Faith even unto blood, O Hieromartyr Cyprian. Intercede with Christ our God that our souls be saved.

**Seasonal Kontakion in the Second Mode**

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία τῶν Χριστιανῶν ἀκαταίσχυντε, μετρίαια πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδησθε ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθή, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶν κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεύσον εἰς ἰκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμῶντων σε.

**SAINTS AND FEASTS COMMEMORATED****2nd Sunday of Luke****Theophilus the Confessor Eleutherios and Roustlikos, the Athenian Martyrs****The Holy Hieromartyr Cyprian and the Virgin Martyr Justina**

Saint Justina who was from Damascus, lived in virginity for the sake of Christ. Saint Cyprian, who was from Antioch, began as an initiate of magic and worshipper of the demons. A certain foolish young man who had been smitten with Justina's beauty hired Cyprian to draw her to love him; when Cyprian had wed every demonic device he knew, and had failed, being repulsed by the power of Christ Whom Justina invoked, he understood the weakness of the demons and came to know the truth. Delivered from demonic delusion, he came to Christ and burned all his books of magic, was baptized, and later ascended the episcopal throne in his country. Later, he and Justina were arrested by the Count of Damascus, and having

(Continued on page 6)

**THROUGH THE BIBLE A—Z**

Work righteousness - Psalm 15:2

Work together with Jesus - 2 Cor. 6:1

Worship at His footstool; Holy is He - Psalm 99:5

Worship at His holy hill for Holy is the Lord - Psalm 99:9

Worship the Creator not the created - Romans 1:25

Worship the Lord in holy array - Psalm 29:2

Worship the Lord in spirit and truth - John 4:24

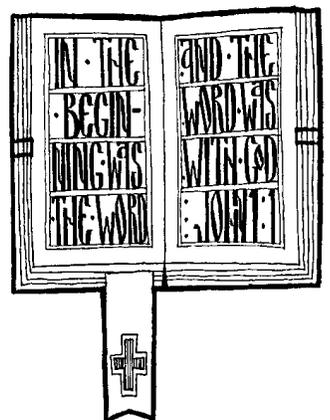
Worship the Lord with reverence and rejoice with trembling - Psalm 2:11

Worship, bow down, kneel before the Lord your Maker - Psalm 95:6

Worth more than many sparrows - Matthew 10:32

Years satisfied with good things - Psalm 103:5

Yield fruit even in your old age - Psalm 92:14



## CHURCH REGISTRY / ANNOUNCEMENTS

### **BIRTHS:**

Our sincere congratulations and best wishes to **Isaak and Eleni Avramides** on the birth of their son, August 30. Maternal grandparents **Gus and Marina Fotiadis**. Maternal great grandmother **Helen Mantis**. **NA SAS ZISI!!!!!!!**

### **40-DAY BLESSINGS**

The infant son of **Andrew and Toni Reeves** received his 40-day blessing in our Church on September 8.

The infant son of **George and Andrea Lawton** received his 40-day blessing in our Church on September 11. May the blessings of our Church be with the newly-churched infants, their parents, grandparents and their entire families.

### **BAPTISMS:**

The son and daughter of **John and Hanan Daoud** were baptized in our Church on September 3 and were given the names of **Jude and Glada** by their godparents **Elias, Mirfa and Huda Daoud**. Our best wishes to the newly-baptized children, and our sincere congratulations to their parents, grandparents, godparents and their entire families.

**NA SAS ZISOUN!!!!!!**

### **WEDDINGS**

Our best wishes and sincere congratulations to **Constandine Mead**, son of **Stavroula Valentin**, and to **Vasilia Mutafchieva**, daughter of **Simeonka Mutafchieva**, who were married in Hampton, VA on August 27.

**NA ZISETE!!!!!!!**

Our best wishes and sincere congratulations to **Anna Evans and Timothy Sofis** whose marriage was solemnized in the **Greek Orthodox Church of Saint Demetrios** in Williamsburg, Virginia, September 10. **JoAnn Sofis White** served as the koumbara.

**NA ZISETE!!!!!!!**

### **RECENTLY ILL AND NEEDING**

### **OUR PRAYERS:**

We wish a speedy recovery to **Dr. Stafania Dimofte** who has been ill and recently hospitalized. **PERASTIKA SAS !!!!**

### **FUNERAL:**

Our sincere condolences to the family of **Michael Anastasiou** who died August 30 and whose funeral services were held in our Church on September 6.

**MAY HIS MEMORY BE ETERNAL!!!!!!**

## ATTENDANCE

September 4	125
September 11	202
September 18	143
September 25	126
SEP 2016 Ave	149
SEP 2015 Ave	169
YTD 2016 Ave	140
YTD 2015 Ave	146

## REFRESHMENTS

**We thank all those parishioners who served as hosts for the month of September. The host for October are:**

**Oct. 2:** Dr./M John Michos, M/ M Al Mignogna, M/M Kurt Smith

**Oct. 9:** Ms. M. Mimikos, Ms. Maria Mitchum, M/M Gary Nicholls

**Oct. 16:** Ms. Sharon Otero, Mr. Tike Panags, Ms. Voula Panags, Ms. Eli Papas, Mr. Mario Papas

**Oct. 23:** Ms. Katherine Pappas, M/M Brian Patrinely, Ms. Katherine Patrinely, M/M K. Paumier.

**Oct. 30:** M/M John Pawluk, M/ M Bobby Pierce, M/M Frank Peri

## Koliva

If you would like to purchase Koliva for memorials, you may contact:

Helen George 251-6155  
Anastasia Savrides 595-1581  
Athena Savvas 599-8455

## Cross+Roads

### **CHURCH EMAIL LIST**

Subscribe to the church email list for monthly links to the Cross+Roads and important church announcements at:

[www.schgochurch.va.goarch.org](http://www.schgochurch.va.goarch.org)

### **DEADLINE**

**Please email information no later than the 20th day of the month to Nick Vlattas**  
[nvlattas@hewv.com](mailto:nvlattas@hewv.com)

## PARISH ASSEMBLY AND ELECTIONS / OCMC

### **NOTICE OF PARISH ASSEMBLY 12:45 p.m., October 16, 2016**

In accordance with Article VIII of the By-Laws of Saints Constantine & Helen Greek Orthodox Church, notice is hereby given for the Fall Parish Assembly meeting to be held in the Hellenic Center at 12:45 p.m., Sunday, October 16, 2016.

Your time and participation are needed at the Parish Assembly meeting. Please make every effort to attend. The Agenda, Minutes of the February General Assembly 2016, and Financials will be available in the Church Office after October 3, 2016. Anyone with an item of New Business, please contact the Parish Council President or Secretary so the item can be reflected in the proposed Agenda. Only members in good standing are eligible to vote. Lunch will be provided by the Hellenic Youth Dancers prior to the meeting. A free-will donation will be accepted. Our GOYANs will be available for baby-sitting services during the meeting. May God continue to bless our Parish.

### **PARISH COUNCIL ELECTIONS**

Are you looking for a meaningful and significant way to get involved in the life of the Church? Then we invite you to consider serving on the Parish Council. By definition, the Parish Council is the administrative body of a Church community elected by its faithful for the purpose of working together with the Parish Priest in fulfilling the mission and goals of that particular community.

If this sounds like something you are interested in, please consider filling out a nomination form between now and October 16, 2016. Elections will be held November 6, 2016 after Liturgy.

If you have any questions about the Parish Council, please ask any currently serving member and they will be happy to fill you in on the responsibilities. If you would like to complete a nomination form, please contact Father George Chioros at the Church or Barry Hendricks at 757.218.2053 (email: [brhendricks@cox.net](mailto:brhendricks@cox.net)).



On September 18th we were fortunate to have Ms. Jennifer Rice, a missionary of Orthodox Christian Mission Center (OCMC), visit our community and give a presentation on her recent mission work as part of the OCMC medical mission team in Guatemala. You can read about her past mission work and make a donation towards future mission trips at: [www.ocmc.org/JenniferRice](http://www.ocmc.org/JenniferRice).

# CHURCH, CLUB AND COMMUNITY NEWS

## **PHILOPTOCHOS:**

On July 7, 2016, at the **National Philoptochos Awards Program**, our **Saint Helen Chapter** was given an **Award for Excellence** in recognition of its 100% participation for 2014 and 2015 in its **National Philoptochos Ministry Commitments**. In addition, our Chapter has fully met its obligation to the **Saint Nicholas National Shrine at Ground Zero in New York**. Sisters, our sincere congratulations to all of you for your hard work in making it possible to meet these goals. We also wish to thank our patrons without whose support in our fund-raising projects, we would not be able to meet our obligations to the

**National, Metropolitan**, as well as to our philanthropic commitments on the local level.

Locally, we are still continuing our work with our AOK, visiting **Virginia Oncology** every Monday of each month and bringing a light lunch and much cheer to the patients receiving chemotherapy infusions there. And, as previously mentioned, if you wish to be part of this most worthwhile endeavor, please do so, and call **Ellie Costulis, 833-8181** and offer your services. She will tell you how you can participate.

Our most capable **Kathy Dermanis** and her Committee are continuing their wonderful work with the **USO, Disaster Relief** and collecting "box tops for education" that enable area schools to

meet some of their needs that are not covered through the normal funding channels. Thanks to **Kathy** and all her Committee members. What a great job all of you are doing!!!

Also, many thanks to all those **Philoptochos ladies** who organize the **Makaaries** in memory of our deceased fellow parishioners. You do such a wonderful job, ladies, and

we in the **Society**, as well as the family members of the deceased, are most grateful to you.

On November 6, the feast Day of **Cosmas & Damianos** will be observed. Please remember that on that Sunday our Chapter holds a memorial service for all deceased members of **Philoptochos**. We also pass a special tray on that day.

Our obligation to the **National Philoptochos** for the month of October is a contribution to the **National Philoptochos Emergency Fund** which enables **Philoptochos** to respond immediately to national and international disasters. Our October meeting is **Monday, October 3, in the Community Center** with refreshments provided by **Flossie Kaligos** and **Tessie Savrides**, starting at 6:30 p.m.

## **HELLENIC WOMAN'S PENELOPE SOCIETY**

The **Hellenic Woman's Penelope Society (HWPS)** will meet on **Thursday, October 6, 2016 at 6:00 PM at the Hellenic Center**.

**Kathy Vretos** will serve as hostess. A meeting and a debriefing of the **Dinner with Live Entertainment** will take place.

On **Saturday, October 8<sup>th</sup>**, members of our **Book Group** will be attending a **lecture and book signing by Dr. Nicholas K. Kokonis** on his prize winning book, **Arcadia, My Arcadia**. The event is free and open to the public, but reservations would be appreciated by calling **757-440-0500**.

Our **Fall Bake Sale** is scheduled for **Thursday, November 17<sup>th</sup>** from **10:00 AM – 1:00 PM** in the foyer of the Hellenic Center. **All of our pastries are made locally**. If interested, we urge you to **place an advanced order by calling 757-596-6909**.

We are now very near to closing the purchase of **pavers** (bricks) in the **Biblical Garden**. If interested in honoring or memorializing a friend or a loved one, please contact either **Marika Anthony** or **Maggie Thompson** to obtain an order form.

**We greatly appreciate the support we received from all our dinner patrons as well as from those loyal and hard-working members of our Society who always answer the call to action.**

We are saddened by the passing of **Mike Anastasiou**, a long-time friend of our Society. We offer our sincere and heartfelt sympathy to **Connie** and family. May his memory be eternal.

## **DAUGHTERS OF PENELOPE:**

The **Daughters** continue to take orders for **Spanakopites, Tyropites** and **Tyropitakia**.

With the Holiday Season fast approaching, do place your orders for these items as soon as possible. To do so, call **Zoe Marcopoulos, 826-1045** or **Athena Markos, 870-4999** or any member of the **Daughters**.

Sister **Kathy Matthews** continues to take grooming and cleaning items to shelters that need them. Sisters, remember to bring items such as shampoos, toothpastes, wipes, etc.

in our next meeting, September 29, and thank you for doing

so.

In the **2016 Supreme Convention in Las Vegas, NV**, the following sisters were elected to the **2016-2017 Grand Lodge**. In addition to Grand President, **Spanos**, these are the new Grand Lodge Officers for the **2016-2017** term:

**Grand Vice Pres. Eva Jean Fohalont**

**Secretary: Diane Peterson**  
**Treasurer: Aspa Kostopoulos**  
**Governor: Zone 1: Lili Repass**  
**Governor: Zone 11: Dorothea Williams**

**Governor: Zone 111: Kathy Papadimitropoulos**

**Governor, Zone 1V: Katherine Karafotias**

**Governor: Zone V: Celia Kachmarski**

**Advisor to the Maids of Athena: Kathy Zotos**

We congratulate all the newly elected **Grand Lodge** officers and we wish them a successful and productive term.

At the **Supreme Convention**, the **DOP** also identified the following as charitable projects for the **2016-2017 National Obligations** year.

The three mandatory projects identified are: **1) Domestic Family Violence Center Penelope House, Mobile, AL; 2) Domestic Family Violence Center, Penelope Place, Brocton, MA; 3) The Sjogren's Syndrome Foundation**. The voluntary projects that were identified for the coming year are: **1) Penelope Day Care Center, Athens, Greece; 2) Limitless Solutions; 3) Daughters of Penelope Foundation, Inc.;**

**4) Melissa's Orphanage, Thessaloniki, Greece.**

All the **Daughters Chapters** are expected to contribute to these projects, and in future

issues of the **Cross+Roads**, we will describe each project in detail.

We remind everyone that on **November 19**, the **DOP** will host a brunch in the **AHEPA FAMILY HOME** with a Fashion Show to be presented by **Alexis Galoozis**.

The next meeting if the **Daughters** will be held **Thursday, October 27** in the **AHEPA FAMILY HOME**, starting with dinner at 6:30p.m.



**GOYA Officers take oath of office on September 25**

## OCTOBER SUNDAYS AT SAINTS CONSTANTINE AND HELEN

(Continued from page 3)

endured many torments at his hands, they were sent finally to Diocletian in Nicomedia, where they were beheaded about the year 304.

## OCTOBER 9 EPISTLE READING

Prokeimenon. Grave Mode.  
Psalm 28:11,1.

The Lord will give strength to his people.

Verse: Bring to the Lord, O sons of God, bring to the Lord honor and glory.

The reading is from **St. Paul's Second Letter to the Corinthians 6:1-10**

BRETHREN, working together with him, then, we entreat you not to accept the grace of God in vain. For he says, "At the acceptable time I have listened to you, and helped you on the day of salvation." Behold, now is the acceptable time; behold, now is the day of salvation. We put no obstacle in any one's way, so that no fault may be found with our ministry, but as servants of God we commend ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, tumults, labors, watching, hunger; by purity, knowledge, forbearance, kindness, the Holy Spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honor and dishonor, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet well known; as dying, and behold we live; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything.

## GOSPEL READING

**Luke 7:11-16**

At that time, Jesus went to a city called Nain, and his disciples and a great crowd went with him. As he drew near to the gate of the city, behold, a man who had died was being carried out, the only son of his mother, and she

was a widow; and a large crowd from the city was with her. And when the Lord saw her, he had compassion on her and said to her, "Do not weep." And he came and touched the bier, and the bearers stood still. And he said, "Young man, I say to you, arise." And the dead man sat up, and began to speak. And he gave him to his mother. Fear seized them all; and they glorified God, saying, "A great prophet has arisen among us!" and "God has visited his people!"

## WISDOM OF THE FATHERS

That dead man was being buried, and many friends were conducting him to his tomb. But there meets him Christ, the Life and Resurrection, for He is the destroyer of death and of corruption; He it is "in Whom we live and move and have our being" (Acts 17:28); He it is Who has restored the nature of man to that which it originally was; and has set free our death-fraught flesh from the bonds of death. St. Cyril of Alexandria, Commentary on the Gospel of St. Luke, Homily 36.42, p. 153., 5th Century

## HYMNS OF THE DAY

**Resurrectional Apolytikion in the Grave Mode**

Thou didst abolish death by Thy Cross; Thou didst open Paradise to the thief; Thou didst transform the myrrh-bearers' lamentation, and didst bid Thine Apostles to preach that Thou art risen, O Christ God, granting great mercy to the world.

Κατέλυσας τῷ Σταυρῷ σου τὸν θάνατον, ἠνέωξας τῷ Ληστῇ τὸν Παράδεισον, τῶν Μυροφόρων τὸν θρήνον μετέβαλες, καὶ τοῖς σοῖς Ἀποστόλοις κηρύττειν ἐπέταξας, ὅτι ἀνέστης Χριστὲ ὁ Θεός, παρέχων τῷ κόσμῳ τὸ μέγα ἔλεος.

**Apolytikion for Apostle**

**James, Son of Alphaeus in the Third Mode**

O Holy Apostle James, intercede with the merciful God that He grant unto our souls forgiveness of offences.

Ἀπόστολε Ἅγιε Ἰάκωβε,

πρέσβευε τῷ ἐλεήμονι Θεῷ ἵνα πταισμάτων ἄφεσιν, παράσχῃ ταῖς ψυχὰς ἡμῶν.

**Seasonal Kontakion in the Second Mode**

## SAINTS AND FEASTS COMMEMORATED

**3rd Sunday of Luke**

**The Righteous Patriarch Abraham and his nephew Lot**

The holy Patriarch Abraham, born a pagan, ten generations after Noah, when the knowledge of God had perished from among men, became the beginning of God's dispensation for the universal renewal and salvation of man. He was called out of his country—the land of the Chaldees, that is, Mesopotamia—to the land of Canaan, and received the promise that through his seed all the nations of the earth should be blessed; through his singular faith in the promises of God, he was justified before the giving of the Law and the coming of Grace; through his willingness to sacrifice Isaac, he portrayed the love wherewith God loved the world in sacrificing His only-begotten Son. The greatness of Abraham, and the trials that he and his righteous nephew Lot underwent, are set forth in the Book of Genesis in the Old Testament, chapters twelve through twenty-five. See also the Sunday of the Holy Forefathers, December 11-17.

**James the Apostle, son of Alphaeus**

The holy Apostle James was one of the Twelve, and preached Christ to many nations, and finally suffered death by crucifixion.

**Andronicus & his wife Athanasia of Egypt**

**Saints Andronicus and Athanasia were from Antioch, and finished their lives in asceticism about the year 500.**

**Poplia the Confessor of Antioch**

## OCTOBER 16 EPISTLE READING

Prokeimenon. Fourth Mode.  
Daniel 3:26,27.

Blessed are you, O Lord, the God of our fathers.

Verse: For you are just in all you have done.

The reading is from **St. Paul's Letter to Titus 3:8-15**

TITUS, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

## GOSPEL READING

**Luke 8:5-15**

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil

comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

### WISDOM OF THE FATHERS

For by seed here He means His doctrine, and by land, the souls of men, and by the sower, Himself .... For as the sower makes no distinction in the land submitted to him, but simply and indifferently casts his seed; so He Himself too makes no distinction of rich and poor, of wise and unwise, of slothful or diligent, of brave or cowardly; but He discourses unto all, fulfilling His part, although foreknowing the results. St. John Chrysostom, Homily 44 on Matthew 12, 4th Century

### HYMNS OF THE DAY

#### Resurrectional Apolytikion in the Plagal Fourth Mode

From on high didst Thou descend, O Compassionate One; to burial of three days hast Thou submitted that Thou mightest free us from our passions. O our Life and Resurrection, Lord, glory be to Thee.

#### Apolytikion for Sun. of the 7th Ecumenical Council in the Plagal Fourth Mode

Most glorified art Thou, O Christ our God, Who hast established our Fathers as luminous stars upon the earth, and through them didst guide us all to the true Faith. O Most Merciful One, glory be to Thee.

#### Seasonal Kontakion in the Second Mode

### SAINTS AND FEASTS COMMEMORATED

#### Sunday of the 7th Ecumenical Council

On the Sunday that falls on or

immediately after the eleventh of this month, we chant the Service to the 350 holy Fathers of the Seventh Ecumenical Council, which gathered in Nicaea in 787 under the holy Patriarch Tarasius and during the reign of the Empress Irene and her son, Constantine Porphyrogenitus, to refute the Iconoclast heresy, which had received imperial support beginning with the Edict issued in 726 by Emperor Leo the Isaurian. Many of the holy Fathers who condemned Iconoclasm at this holy Council later died as Confessors and Martyrs for the holy Icons during the second assault of Iconoclasm in the ninth century, especially during the reigns of Leo the Armenian and Theophilus.

#### Longinus the Centurion The Two Soldiers martyred with Saint Longinus

#### Hosea the Prophet

According to some, Hosea, whose name means "God is help," was from the tribe of Issachar, or more likely, from that of Reuben; he was the son of Beer. He is the first in order of the twelve minor Prophets and the most ancient of all. He prophesied in the days of the divided Kingdom; the Lord told him to take a harlot to wife (Hosea 1:2), and then an adulteress (ibid., 3:1). The harlot, a known sinner, was a figure of the Kingdom of Israel in Samaria, which openly worshipped idols; the adulteress, lawfully married yet sinning secretly with her lovers, was a figure of the Kingdom of Judah in Jerusalem, which, while having the Temple, and the priesthood, and the divine worship according to the Law, stealthily served the idols also. The Prophet Hosea prophesied for sixty years, and lived for some ninety years, from 810 to 720 B.C. His book is divided into fourteen chapters.

## OCTOBER 23

### EPISTLE READING

Prokeimenon. Fourth Mode. Psalm 18.4.1.

Their voice has gone out into all the earth.

Verse: The heavens declare the glory of God.

The reading is from **St. Paul's Letter to the Galatians 1:11-19**  
BRETHREN, I would have you know that the gospel which was

preached by me is not man's gospel. For I did not receive it from man, nor was I taught it, but it came through a revelation of Jesus Christ. For you have heard of my former life in Judaism, how I persecuted the church of God violently and tried to destroy it; and I advanced in Judaism beyond many of my own age among my people, so extremely zealous was I for the traditions of my fathers. But when he who had set me apart before I was born, and had called me through his grace, was pleased to reveal his Son to me, in order that I might preach him among the Gentiles, I did not confer with flesh and blood, nor did I go up to Jerusalem to those who were apostles before me, but I went away into Arabia; and again I returned to Damascus. Then after three years I went up to Jerusalem to visit Cephas, and remained with him fifteen days. But I saw none of the other apostles except James the Lord's brother.

### GOSPEL READING

#### Luke 8:26-39

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in

the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.

### WISDOM OF THE FATHERS

For if we, going about on the earth which is familiar and well known to us, being encompassed with a body, when we are journeying in a strange road, know not which way to go unless we have some one to lead us; how should the soul, being rent away from the body, and having gone out from all her accursed region, know where to walk without one to show her the way? St. John Chrysostom, Homily 28 on Matthew 8, 4th Century

### HYMNS OF THE DAY

#### Resurrectional Apolytikion in the First Mode

When the stone had been sealed by the Jews and the soldiers were guarding Thine immaculate Body, Thou didst arise on the third day, O Saviour, granting life unto the world. Wherefore, the powers of the Heavens cried out to Thee, O Lifegiver: Glory to Thy Resurrection, O Christ. Glory to Thy Kingdom. Glory to Thy dispensation, O only Friend of man.

#### Apolytikion for James (Iakovos), the Brother of the Lord in the Fourth Mode

As a disciple of the Lord, O righteous one, thou hast received the Gospel. As a Martyr thou art never turned away. As the brother of God thou hast boldness. As a hierarch thou

*(Continued on page 8)*

## OCTOBER SUNDAYS AT STS. CONSTANTINE AND HELEN

canst intercede. Do thou intercede with Christ God that He save our souls.

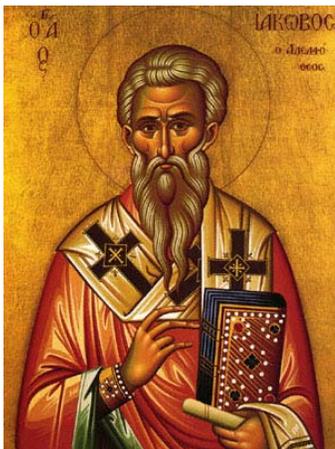
Ὁς τοῦ Κυρίου μαθητής,  
ανεδέξω Δίκαιε τό Ευαγγέλιον, ως  
Μάρτυς έχεις τό απαράτρεπτον,  
τήν παρρησίαν ως Αδελφόθεος,  
τό πρεσβεύειν ως ιεράρχης.  
Πρέσβευε Χριστῷ τῷ Θεῷ,  
σωθῆναι τὰς ψυχὰς ἡμῶν.

**Seasonal Kontakion in the  
Second Mode**

### SAINTS AND FEASTS COMMEMORATED

**6th Sunday of Luke**

**Our Righteous Father Ignatius,  
Patriarch of Constantinople  
James (Iakovos) the Apostle,  
brother of Our Lord**



According to some, this Saint was a son of Joseph the Betrothed, born of the wife that the latter had before he was betrothed to the Ever-virgin. Hence he was the brother of the Lord, Who was also thought to be the son of Joseph (Matt. 13: 55). But some say that he was a nephew of Joseph, and the son of his brother Cleopas, who was also called Alphaeus and Mary his wife, who was the first cousin of the Theotokos. But even according to this genealogy, he was still called, according to the idiom of the Scriptures, the Lord's brother because of their kinship.

This Iakovos is called the Less (Mark 15:4) by the Evangelists to distinguish him from Iakovos, the son of Zebedee, who was called the Great. He became the first Bishop of Jerusalem, elevated to this episcopal rank by the Apostles, according to Eusebius (Eccl. Hist., Book II: 23), and was called

Obliah, that is, the Just, because of his great holiness and righteousness. Having ascended the crest of the Temple on the day of the Passover at the prompting of all, he bore testimony from there concerning his belief in Jesus, and he proclaimed with a great voice that Jesus sits at the right hand of the great power of God and shall come again upon the clouds of heaven. On hearing this testimony, many of those present cried, "Hosanna to the Son of David." But the Scribes and Pharisees cried, "So, even the just one hath been led astray," and at the command of Ananias the high priest, the Apostle was cast down headlong from thence, then was stoned, and while he prayed for his slayers, his head was crushed by the wooden club wielded by a certain scribe. The first of the Catholic (General) Epistles written to the Jews in the Diaspora who believed in Christ was written by this Iakovos.

Maglorious of Sark  
Sebastiane the Martyr

### OCTOBER 30 EPISTLE READING

Prokeimenon. Second Mode.  
Psalm 117.14,18.

The Lord is my strength and my song.

Verse: The Lord has chastened me sorely.

The reading is from **St. Paul's Second Letter to the Corinthians 11:31-33; 12:1-9**

BRETHREN, the God and Father of the Lord Jesus, he who is blessed for ever, knows that I do not lie. At Damascus, the governor under King Aretas guarded the city of Damascus in order to seize me, but I was let down in a basket through a window in the wall, and escaped his hands. I must boast; there is nothing to be gained by it, but I will go on to visions and revelations of the Lord. I know a man in Christ who fourteen years ago was caught up to the third heaven-whether in the body or out of the body I do not know, God knows. And I know that this man was caught up into Paradise-whether in the body or out of the body I do not know, God knows-and he heard things that cannot be told, which man

may not utter. On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses. Though if I wish to boast, I shall not be a fool, for I shall be speaking the truth. But I refrain from it, so that no one may think more of me than he sees in me or hears from me. And to keep me from being too elated by the abundance of revelations, a thorn was given me in the flesh, a messenger of Satan, to harass me, to keep me from being too elated. Three times I besought the Lord about this, that it should leave me; but he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." I will all the more gladly boast of my weaknesses, that the power of Christ may rest upon me.

### GOSPEL READING

**Luke 16:19-31**

The Lord said, "There was a rich man, who was clothed in purple and fine linen and who feasted sumptuously every day. And at his gate lay a poor man named Lazarus, full of sores, who desired to be fed with what fell from the rich man's table; moreover the dogs came and licked his sores. The poor man died and was carried by the angels to Abraham's bosom. The rich man also died and was buried; and in Hades, being in torment, he lifted up his eyes, and saw Abraham far off and Lazarus in his bosom. And he called out, 'Father Abraham, have mercy upon me, and send Lazarus to dip the end of his finger in water and cool my tongue; for I am in anguish in this flame.' But Abraham said, 'Son, remember that you in your lifetime received your good things, and Lazarus in like manner evil things; but now he is comforted here, and you are in anguish. And besides all this, between us and you a great chasm has been fixed, in order that those who would pass from here to you may not be able, and none may cross from there to us.' And he said, 'Then I beg you, father, to send him to my father's house, for I have five brothers, so that he may warn them, lest they also come into this place of torment.' But Abraham said, 'They have

Moses, and the prophets; let them hear them.' And he said, 'No, father Abraham; but if some one goes to them from the dead, they will repent.' He said to them, 'If they do not hear Moses and the prophets, neither will they be convinced if some one should rise from the dead.'"

### WISDOM OF THE FATHERS

What is it that I love when I love you? Not the beauty of a body or the comeliness of time. Nor the luster of the light pleasing to the eyes, nor the sweet melodies of all manner of songs, nor the fragrance of flowers, ointments and spices, nor manna and honey, nor limbs welcome to the embrace of the flesh - I do not love these when I love my God. And yet there is a kind of light, a kind of voice, a kind of fragrance, a kind of foods, a kind of embrace, when I love my God, who is the light, voice, fragrance, food, embrace of the inner man, where there shines into the soul that which no place can contain, and there sounds forth that which time cannot end, where there is fragrance which no breeze disperses, taste which eating does not make less, and a clinging together which fulfillment does not terminate. It is this that I love when I love my God. St. Augustine, Confessions 10.6 in The Confessions of St. Augustine, p. 244, 5th century

### HYMNS OF THE DAY

**Resurrectional Apolytikion in the Second Mode**

**Apolytikion for Cleopas and Artemas of the 70 in the Third Mode**

O Holy Apostles, intercede with the merciful God that He grant unto our souls forgiveness of offenses.

**Seasonal Kontakion in the Second Mode**

### SAINTS AND FEASTS COMMEMORATED

**Cleopas and Artemas of the 70 Apostles**

**Joseph, Patriarch of Constantinople**

**5th Sunday of Luke**

**The Holy Martyrs Zenobius and His Sister Zenobia**

# CENTURION CAMPAIGN: WE MUST SUCCEED

(Continued from page 1)  
pledge and fund raising goals by September 1st, 2016.

To date we have received a total of 31 pledges, 31% towards our goal of 100 pledges. Since the start of the campaign, those 31 pledges have brought in commitments and gifts totaling \$45,125, which is 35% towards our fund raising goal of \$126,500. Both categories being well short of our goals.

We are now faced with a decision – do we just admit defeat and end the campaign, OR do we extend the campaign another year and prove to ourselves that we, as a community, can focus our efforts on those common goals of paying off the financial obligation on the hall renovation loan, putting away savings for an impending capital expense, and offering a community donation to our faith’s national shrine?

I don’t know about you, but I would like to pursue the latter.

Therefore, we will extend the Centurion Campaign for one more year, aiming to reach all our goals before December 1<sup>st</sup>, 2017. To reach these goals we are seeking 69 new pledges (to bring us up to the goal of 100 pledges) in two donation categories - \$1,200 and \$1000, where 90% of the donations will stay in our community and go towards the renovation repayment and reserve funds, and the remaining 10% of the donation will go towards the community’s gift to the Saint Nicholas National Shrine at the World Trade Center. Those familiar with fund raising campaigns know that the Centurion Campaign goals are very modest compared to other campaigns, but were all set based on real requirements.

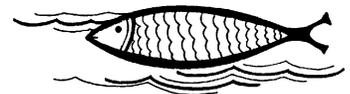
The donation categories of \$1,200 and \$1,000 are very

achievable for members of this community to meet between now and December 2017 and can be made as a one-time offering, or can be split in any number of ways: monthly, semi-annually, or whatever method fits your own financial situation. We’ve been fortunate to have some generous donations of appreciated assets and securities, as well as other donations from individual’s retirement account required minimum distribution (RMD). We’ve had some write one check to meet their pledge, and others give regular monthly offerings. So it can be done.

When we as a community voted during the Fall General Assembly in 2013 to move forward with the Sacalis Hall renovation, we signed up for a huge financial commitment. And it is a commitment that we now need to fulfill. In addition, with our aging facilities, there comes the risk of a large capi-

tal expense at any time – we must be ready to cover that expense when it happens. And finally, every parish in the Metropolitan of New Jersey was asked by His Eminence, Metropolitan Evangelos to make a minimum donation of \$10,000 to the rebuilding of Saint Nicholas at the World Trade Center, and we have a duty and an obligation to honor that request. As I said earlier, these are real requirements that must be met. We cannot fail – we must succeed!

My brothers and sisters, I along with 30 other members of our community, have made a commitment to the Centurion Campaign, and I would like to invite you to join us in supporting this important and vital initiative. Can we count on your support and enlist you as a Centurion?



## Centurion Campaign Commitment

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

I / We wish to make a commitment to the Centurion Campaign in the amount of:

- \$1,200
- \$1,000
- Other \$ \_\_\_\_\_

Please return to the Church Office or place in the collection tray during Liturgy.

Centurion Campaign Goals		
Donation Category	Number of Donations	Donation Goal Totals
\$1,800	20	\$36,000
\$1,350	30	\$40,500
\$1,000	50	\$50,000
<b>TOTAL</b>	<b>100</b>	<b>\$126,500</b>
<b>\$126,500 will support:</b>		
<b>Renovation / Reserve (90%)</b>		<b>\$113,900</b>
<b>Saint Nicholas (10%)</b>		<b>\$12,600</b>

**CAMPAIGN GOAL \$126,500 by 12/1/2017:** 1) Pay off our remaining financial obligations on the Sacalis Hall renovation; 2) Establish an emergency capital expense reserve; and 3) 10% of funds raised for parish donation to the Saint Nicholas Orthodox Church and Shrine.

# PARISH COUNCIL MINUTES – AUGUST 15, 2016

## **I: Call to Order & Opening Prayer:**

The meeting convened at 1837 with an opening prayer by Father George. The following items were discussed:

**Present:** Father George Chioros, Bob Demson, Barry Hendricks, Barbara France, Jason Holbrook, Peter Johns, Zena Mageras, Tom Grepotiis, Howard Mandeville

**Absent:** Bobby Garofalis, Gus Fotiadis, Joanna Vallas

**Guest:** Dimitri Konstantinou, Dean Chioros

Religious Education Topic presented by Barry Hendricks: Offered his reflections and experiences following his attendance and participation in his first summer session in the Diaconate Program at Hellenic College Holy Cross in Brookline, MA.

## **II: Minutes:**

Peter Johns made a motion to approve the 20 June 2016 meeting minutes; seconded by Barbara France, passed unanimously

## **III: Correspondence:**

Letter from the Greek Orthodox Metropolis of New Jersey, dated May 15, 2016, notifying us of the three regional Camp Good Shepherds this summer and requesting a donation for an unspecified amount to assist the Metropolis of New Jersey in paying for campers and staff. At the last meeting in June, the Parish Council voted to fund all of our campers (funded for 5 and 4 attended). Motion made by Jason Holbrook and seconded by Zena Mageras and passed unanimously, to send \$375 which are the remaining funds available from the allotted budget, to be sent to the Metropolis.

Letter from the Greek Orthodox Archdiocese of America, Archdiocese Benefits Committee, dated July 1, 2016, subject: Clergy Compensation Plan Guidelines for 2017. Guidelines to be provided to the treasurer and assistant treasurer for use in preparing the 2017 budget.

Flyer from Saint Nektarios Greek Orthodox Church, Charlotte, NC as a fund raising example, that is requesting a summer offering in support of the ministries of their church occurring during the summer. The flyer was shared as an example of how one community requests offerings in support of their ministries, and then lays it out in an easy to follow flyer on all the events they have going on over the summer (essentially saying – when you make a donation, just look at what we are doing with that donation and how we are changing and impacting lives). To make it easy for people to donate, it included an insert where the donor could scan a

QR code that would take them directly to the donation page. For future reference, what a great example of how to organize an online giving page.

Letter from Travis Hall, Executive Director of Youth Challenge of Hampton Roads, thanking us for our \$10,000 donation made August 4, 2016, and our Church's generosity.

## **IV: Treasurer's Report:**

Reviewed Summary Financial Report, Statement of Financial Position, dated August 31, 2016 (see attached).

## **V: Visitor's Comments:**

No visitors in attendance.

## **VI: Committee Reports:**

### **Youth Ministry:**

Dimitri has been serving as the Youth Ministry Advisor this summer and working various youth projects. Working on notifying our community on the upcoming "BeeTreat" on September 17th at Saints Constantine and Helen in Richmond. The program will be facilitated by the Youth and Young Adult Ministry team from the Greek Orthodox Archdiocese and include both youth and adult sessions. Also working the start of GOYA for the new year.

Provided information on a proposed process to complete an online criminal background checks for those volunteers that work with our youth. Less than \$20 fee for background check and can be completed in less than 30 minutes.

### **House Committee:**

No specific report, but item discussed in Unfinished Business.

**Festival Committee** – Barry Hendricks

Received report from Kurt indicating all vendors have been paid and all funds deposited into festival account. \$134,000 in Festival Account at Towne Bank. Add previous \$90,000 reported for total of \$224,000 less \$40,000 start-up funding. Expect net of approximately \$185,000-\$190,000. Waiting for final results of the Spring Festival.

Fall Festival scheduled for October 20-22. John Dermanis will have a meeting in the next week or so.

### **Maintenance Committee**

It was noted that stairwell to Classrooms requires maintenance on the rubber padding on the steps.

2nd Ice Machine needs new circuit board. Teddy will get the parts and repair.

**Centurion Campaign** – Barry Hendricks

Centurion Campaign to date has received 29 pledges for a total pledged amount of \$38,150. Total contributions to date are \$41,375.

Wells Fargo account balance currently stands at \$26,674, and our remaining balance on the line of credit loan is \$47,300.

Reminder, the goals of the Centurion Campaign are to raise \$126,500 from 100 pledges in order to pay off our remaining balance on Hall renovation loan, establish a \$40,000 emergency capital reserve fund, and make a community donation to rebuilding of Saint Nicholas Greek Orthodox Church and National Shrine in New York City. The checks are made out to "The Saint Nicholas Shrine" mailed to the Metropolis which are then forwarded to the Archdiocese. (90% of a donation would stay local in our community for the loan repayment and emergency fund, and the remaining 10% would go towards Saint Nicholas).

### **Stewardship Committee**

Nothing to report

### **Other Committees**

Nothing to report

### **VII: Priest's and Youth Report**

Congratulations to Barry for completing his first year at the Diaconate Program at Hellenic College Holy Cross this past July 2016.

Father offered the invocation for the new City Council of Newport News on Tuesday, July 12, 2016

Camp Good Shephard of Virginia had 70 children campers and staff attend. Our Church was represented on staff by Father George, Demetri Konstantinou, Dean Chioros and Dominic Peri.

Russian School will once again begin classes in September at our Church Hall.

Archdiocesan Clergy Laity Congress in Nashville, TN on July 3-8, 2016.

Our Church was represented by Father George and Joanna Vallas. Budget for the Archdiocese for the next 2 years was approved \$27,816,483 for 2017 and \$30,240,112 for 2018. Father George attended the Administration Committee along with 84 other delegates. A great deal of time was spent discussing the Youth Protection Agreement with heavy emphasis and discussion into background checks for all those individuals working with the youth. Some of the Parishes have already completed background checks for those working with the youth.

September 11 first day of Sunday School. Viola Allen, Sunday School Director, has called for a Staff Meeting on Sunday, August 21 after Church Service. AHEPA will also offer their Sunday Annual Picnic after Church on August 21. On Sunday, September 11, a 15 Year Trisagion for the victims of the 9/11 attacks

will be given and a special tray for our Theological School and Hellenic College Holy Cross will be passed.

Father George will begin a Term on October 18, 2016, as Board Member for the Virginia Center for Inclusive Communities (VCIC) and will serve with 3 of our Parishioners: Chris Zambas who Chair's the Committee, Marika Anthony and Sam Canavos.

OCF – We have been made aware of some incoming freshman attending Christopher Newport University who will register the newly formed OCF chapter of CNU with the national OCF.

Food Bank - 67 lbs for Food collected in the food collection bin in the Narthex were given by our Parish to the Virginia Peninsula Foodbank.

PORT Project – December 14-21, 2016 will be our Church's hosting of the PORT Project for the Homeless held at our Church. Our Church will be serving dinner on Dec 18th and breakfast on Dec 19th. Volunteers for both shifts needed; January 15, 2017 we will partner at the Tabernacle Baptist Church in Denbeigh. Sister David Ann Niski, has asked for volunteers to partner and we accepted the January 15 date and were "Thanked" by her in an email that was circulated to all the participating Churches in the PORT Program.

From Father George, Father Nick, Presvytera Flora and Dean...a personal "Thank you" to the Parish Council and the entire Parish for their attendance and sympathy cards that were sent to them in memory of Presvytera Moscha. Father George's Family will have Presvytera Moscha's 40 day Memorial on Sunday, Sept 4, 2016 and will offer a reception after Church for the community in the Community Center.

Father indicated we are getting new Liturgy Books, approximately 250 books, soon.

## **VIII: Unfinished Business:**

1. Zena reported that the safe deposit box inventory is complete. Appraisals on items are pending and will be reported.

2. Weekly e-bulletin – Peter Johns will provide an update and recommendations at the next meeting.

3. Director of Youth Ministry Position – Barry reported that at the last meeting we reported that an offer had been made, but we were recently notified that he had found another position and declined our offer. Since the other young man we had narrowed the search to removed himself from consideration, we didn't think it would be good to immediately offer him the position. We received a referral from Father John Manuel and

(Continued from page 10)  
 we contacted him to gauge his interest and salary requirements, and we were way short of what he was looking for. We've also reached out to other parishes in the local community to see if they might know of anyone in their community that might be interested. The next step will be to start the process over and post on orthodoxjobs.com and go from there.

4. Update on criminal background checks for youth volunteers – Dimitri connected with National Youth Ministries to prepare final rules to complete the checks. Expected to have results next week or by our next meeting.

5. Recommendation for House Rules – Barry followed up on email discussions in July between Parish Council members, where he proposed a compromise where we support maintaining the \$350 foyer rental fee, and a change to the wording of the House Rules for Hall Usage that would accommodate targeted fund raising efforts that directly benefit our parish and assist our community, ministries, and organizations with specific Archdiocese and/or Metropolis requests. Motion made by Jason to and seconded by Peter to change item number 8 under the "Use by Organizations" sections in the "House Rules for Hall Usage" to read "There will be no fee assessed to any organization wishing to use the facilities to host a fundraiser where the only beneficiaries are our Parish (general fund or renovation fund) or any specific fund raising efforts requested and directed by either the Greek Orthodox Archdiocese of America or the Greek Orthodox Metropolis of New Jersey. Any exceptions must be submitted through the House Committee and approved by the Parish Council before the event." Item was discussed and passed unanimously.

6. Status of security cameras for the hall / kitchen / doors by the office – Jason Holbrook to provide an update and recommendation at the next meeting.

7. Closed circuit camera in nursery, hallway, and bride's room – Barry discussed this with Jack Kanakaris and he will look at the current set up during one of his visits.

**VIII: New Business:**

1. Parish Council responsibilities during hall rentals – Barry opened discussions and stated that for the past year and a half, Joanna has volunteered to be at the hall during rentals. We had a situation last month where Joanna was out of town and the Parish Council was asked to be at the hall during two scheduled rentals (Barry helped out at the 2 July rental and Barbara and Zena split responsibilities for the 23 July rental). There was a statement made that it was the Parish Council's responsibility

to be at the hall during a rental. I checked this with four of the previous five Parish Council presidents, and every one of them said ultimately it is the Parish Council's responsibility to oversee the various committees, but all felt it was the House Committee's role to be at the hall during rentals. One difference in almost all of their terms as president was that we had a paid employee as a Hall Manager. If we need to consider a paid Hall Manager, then we need to look at it during the budget build for CY17. We will need to further discuss the roles and responsibilities when Joanna returns.

2. Barry was approached by Tessie Dakis a few weeks ago and she requested that we waive \$250 for HWPS's use of the kitchen when they were preparing baked goods for the bake sale fund raiser they held to support a parishioner. She fully understands the charge, but asked since it was in direct support of a parishioner, if we could waive that fee. Request was discussed. Bob Demson made the motion to waive the \$250 fee and seconded by Tom Grepitotis, passed unanimously.

3. Key positions in ministries and committees – There are a number of vital and key positions are vacant and in desperate need of a volunteer (or volunteers) to either lead or assist in accomplishing their vital missions:

- Stewardship Ministry
- Youth Ministry
- Missions and Outreach Ministry
- Kitchen help for reoccurring catering commitments
- Internet Ministry
- Sunday School teachers
- Office volunteers

4. Upcoming events:  
 - Sunday, 11 Sept: Sunday School starts  
 - Saturday, 17 Sept: Richmond retreat Orthodox Christian Youth and Young Adult Ministries "BeeTreat" at Sts.

Constantine & Helen Greek Orthodox Church, Richmond, 9:30-5:00  
 - AHEPA Family Picnic is September 11, 2016

- Thursday-Saturday, 20-22 Oct: Fall Festival

- Fall General Assembly: 16 Oct  
 - Sunday, 6 Nov: Parish Council Elections

- Sunday, 20 Nov: Stewardship Commitment Sunday  
 - 14-21 Dec: Host PORT Project. Our Church will be serving dinner on Dec 18th and breakfast on Dec 19th. Volunteers for both shifts needed

**IX: Adjournment:**

Fr. George offered the closing prayer at 2135. Next meeting is on 19 September 2016.

**X: Certification:**

Respectfully Submitted  
 Robert V Demson  
 Parish Council Secretary

# October 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**1 Saturday**

6:00pm HWPS 18<sup>th</sup> Annual Dinner

**2 Sunday**

**2<sup>nd</sup> Sunday of Luke**

8:45am Orthros  
 10:00am Divine Liturgy

**3 Monday**

6:30pm Philoptochos Meeting

**4 Tuesday**

5:00/8:00pm Greek School

**5 Wednesday**

5:00/8:00pm Greek School

5:45pm Paraclesis

6:30pm Adult Education

7:00pm Goya

**6 Thursday**

7:00pm HWPS

7:15pm Choir

**9 Sunday**

**3<sup>rd</sup> Sunday of Luke**

40-Day Memorial ?

**Choir Recognition Sunday**

8:45am Orthros

10:00am Divine Liturgy

40-Day Memorial for Mike Anastasiou

**10 Monday**

10:30am Golden Hearts

7:00pm Parish Council

**11 Tuesday**

5:00pm/8:00pm Greek School

**12 Wednesday**

5:00pm/8:00pm Greek School

Paraclesis 5:45pm

6:30pm Adult Education

**13 Thursday**

7:15pm Choir

**16 Sunday**

**7<sup>th</sup> Ecumenical Council**

8:45am Orthros

10:00am Divine Liturgy

General Assembly following Divine Liturgy

**18 Tuesday**

**Saint Luke the Evangelist**

9:00am Orthros

10:00am Divine Liturgy

5:00pm/8:00pm Greek School

**19 Wednesday**

5:00pm/8:00pm Greek School

Paraclesis 5:45pm

6:30pm Adult Education

**20 Thursday**

Fall Festival (4pm-10pm)

**21 Friday**

Fall Festival (11am – 10pm)

**22 Saturday**

Fall Festival (11am – 10pm)

**23 Sunday**

**6<sup>th</sup> Sunday of Luke**

8:45am Orthros

10:00am Divine Liturgy

**25 Tuesday**

5:00pm/8:00pm Greek School

6:00pm Great Vespers at

St. Demetrios, Williamsburg

**26 Wednesday**

**St. Demetrios**

9:00am Orthros

10:00am Divine Liturgy

5:00pm/8:00pm Greek School

5:45 Paraclesis

6:00pm Adult Education

**27 Thursday**

6:45pm Ahepa/Daughters Meeting

7:15pm Choir

**28 Friday**

Oxi Day

**30 Sunday**

**5<sup>th</sup> Sunday of Luke**

8:45am Orthros

10:00am Divine Liturgy

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## COME WORSHIP THE GLORY OF GOD



### Sunday Services

8:45 a.m. Matins  
10:00 a.m. Divine Liturgy  
11:30 a.m. Religious Education (Sep-May)  
12:00 a.m. Christian Fellowship (Hellenic Center)

### Mission Statement

The mission of Saints Constantine & Helen Greek Orthodox Church in Newport News, Virginia is to keep, practice, and proclaim the Orthodox Christian Faith. The work and ministry of our Parish will include proclaiming the Gospel, sanctifying the faithful through God's grace in worship, the Divine Liturgy and the Sacraments, and enhancing their spiritual life. We will fulfill the great commission of our Lord and Savior Jesus Christ by inviting others into the Church through Baptism and/or Chrismation, educating them in the Orthodox Faith through the establishment of programs, schools and philanthropic activities, and implementing Christian ministries.