

THE CROSS+ROADS

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Hi-Lites

- Religious Education Classes Begin—Sep 11
- Elevation of the Holy Cross—Sep 14
- Youth Dancers Dance Practice Begins in September
- HWPS Dinner—Oct 1

† FROM FATHER GEORGE

HAPPY BIRTHDAY

Each one of us has a special date in which we celebrate the anniversary of our birth. With the arrival of our birthdays every year an accomplishment occurs of adding to the total years of being on this earth and the sincere hope in reaching the same date next year.

As an orthodox family we worship our Lord and Saviour Jesus Christ who has a mother. The Nativity of the Theotokos has a dual sense of importance for we not only celebrate the birth of the Virgin Mary but also we rejoice in whom She gave birth that being Christ.

The celebration of the Nativity of the Theotokos on September 8th falls during the first week of the New Ecclesiastical Year. The arrival of the Ecclesiastical Year gives each one of us

another 365 days in which to be better not only ourselves but the world around us. We should not let this opportunity for ministry to go without a strong effort in doing what needs to be done. Even the smallest of effort will go a long way in assisting the less fortunate.

The ministries of the Church are for all of us. One person cannot, nor can it be expected for one person or a few to do the enormous tasks that exist before us. Let us dedicate the Ecclesiastical year of 2016-2017 as a period of time that our Parish of Saints Constantine and Helen will make a difference. The time is before us and the work is before us, let us not waste any time.

TIME AND TALENTS NEEDED

**By Barry Hendricks
 Parish Council President**

A few months ago we sent out a request via the Cross+Roads seeking volunteers to either lead or assist in various ministries of the church and areas where we some help. Unfortunately, we didn't receive even one inquiry in any of these areas. Meanwhile, the work of the church and our community continues and we need some help. Below are several specific requests in ministries and areas where we are seeking immediate assistance and need some help:

Stewardship Ministry Leader:

I've led our Stewardship Committee and Ministry for over 10 years and have reached a point where we need someone with new ideas and a fresh perspective to step in and lead this ministry. We are seeking a volunteer with a passion and love for our faith and church, who can channel that love and passion in a

(Continued on page 11)

Fall Edition

Newport News
Greek Festival

www.NewportNewsGreekFestival.org

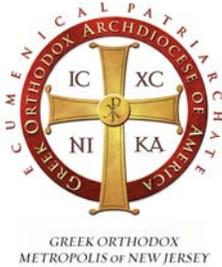
October 20, 21, 22

Thursday: 4 pm – 10 pm

Friday & Saturday: 11 am – 10 pm

PLEASE VOLUNTEER

Forms are available on Page 9
 and at Church



Glory Be To God

**Saints Constantine & Helen
Greek Orthodox Church
60 Traverse Road
Newport News VA 23606**

www.schgochurch.va.goarch.org

Phone (757) 596-6151

Fax (757) 596-2967

Email Addresses:

priest@office@parishcouncil@

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Office Hours

Monday Through Friday
9:00 a.m. until 5:00 p.m.

Priest

Father George Chioros

Work 596-6152

Home 597-7786

Mobile 288-4487

Email frgchioros@aol.com

Parish Council

Barry Hendricks, President

Barbara France, V.P.

Joanna Vallas, Treasurer

Zena Mageras, Assistant

Treasurer

Robert Demson, Secretary

Konstantinos Fotiadis

Dr. Bobby Garofalis

Tom Grepiotis

Jason Holbrook

Peter Johns

Howard Mandeville

Chanters

John Siokis

Harry Fotiou

Alex Constantine

John Williams

Church Secretary

Sylvia Marcin

Archdiocese on the web
www.goarch.org

SEPTEMBER SUNDAYS

Apolytikion for Saints Constantine & Helen, Equal-to-the Apostles in the Plagal of the Fourth Tone

Having seen the image of Thy Cross in Heaven, and like Paul, having received the call not from men, Thine apostle among kings entrusted the commonwealth to Thy hand, O Lord. Keep us always in peace, by the intercessions of the Theotokos, O only Friend of man.

Τοῦ Σταυροῦ σου τὸν τύπον ἐν οὐρανῷ θεασάμενος, καὶ ὡς ὁ Παῦλος τὴν κλήσιν οὐκ ἐξ ἀνθρώπων δεξάμενος, ὁ ἐν βασιλεύσιν, Ἀπόστολός σου Κύριε, Βασιλεύουσαν πόλιν τῆ χειρὶ σου παρέθετο ἦν περιῶζε διὰ παντός ἐν εἰρήνῃ, πρεσβειῆς τῆς Θεοτόκου, μόνε Φιλάνθρωπε.

SEPTEMBER 4 EPISTLE READING

Prokeimenon. Second Mode.

Psalm 117.14,18.

The Lord is my strength and my song.

Verse: The Lord has chastened me sorely.

The reading is from

St. Paul's First Letter to the Corinthians 9:2-12

BRETHREN, you are the seal of my apostleship in the Lord. This is my defense to those who would examine me. Do we not have the right to our food and drink? Do we not have the right

to be accompanied by a wife, as the other apostles and the brothers of the Lord and Cephas? Or is it only Barnabas and I who have no right to refrain from working for a living? Who serves as a soldier at his own expense? Who plants a vineyard without eating any of its fruit? Who tends a flock without getting some of the milk? Do I say this on human authority? Does not the law say the same? For it is written in the law of Moses, "You shall not muzzle an ox when it is treading out the grain." Is it for oxen that God is concerned? Does he not speak entirely for our sake? It was written for our sake, because the plowman should plow in hope and the thresher thresh in hope of a share in the crop. If we have sown spiritual good among you, is it too much if we reap your material benefits? If others share this rightful claim upon you, do not we still more? Nevertheless, we have not made use of this right, but we endure anything rather than put an obstacle in the way of the gospel of Christ.

GOSPEL READING

Matthew 18:23-35

The Lord said this parable:

"The kingdom of heaven may be compared to a king who wished to settle accounts with his servants. When he began the reckoning, one was brought to him who owed him ten thousand talents; and as he could not pay, his lord

ACOLYTES

SEPTEMBER 11

Team A

Jorgie Polyzos

Yianni Tsimplekis

James St. Martin

Dean Peri

SEPTEMBER 18

Team B

Ethan Detweiler

Anthony Capobianco

Cris Campbell

Soterios Tofalli

Kyprianos Tofalli

SEPTEMBER 4, 25

Team C

Hayden Hendricks

Georgios Haramis

Christos Konstantinou

Christopher Myers

EPISTLE READERS

Sep 4

Kathy & Eleni Haramis

Sep 11:

GOYA

Sep 18:

James Woodbury

Sep 25:

Nelson Towns

Please contact

Barry Hendricks if you are interested in reading the Epistle during the Sunday Divine Liturgy.

bhendricks@cox.net

PARISH MINISTRIES & ORGANIZATIONS

Philoptochos

Trish Demson, President

Religious Education

Viola Nicholls Allen, Director

Greek School

Paula Tofalli, Aphrodite Christopoulos

Youth Ministry

Stephanie Peri and Kent Paumier, Advisors

Acolytes

Barry Hendricks, Director

JOY/HOPE

Helen Micha, Director

Greek Orthodox Youth Association (GOYA)

Fofi Gouletas, President

Kent Paumier, Advisor

Young Adult League (YAL)

Anastasia Theodorogiannis, President

Golden Hearts

Helen George, President

Order of AHEPA

Nick Matthews, President

Daughters of Penelope

Joanna Vallas, President

Hellenic Womens Penelope Society

Marika Anthony, President

Hellenic Youth Dancers

Bobby Garofalis, Director

ordered him to be sold, with his wife and children and all that he had, and payment to be made. So the servant fell on his knees, imploring him, 'Lord, have patience with me, and I will pay you everything.' And out of pity for him the lord of that servant released him and forgave him the debt. But that same servant, as he went out, came upon one of his fellow servants who owed him a hundred denarii; and seizing him by the throat he said, 'Pay what you owe.' So his fellow servant fell down and besought him, 'Have patience with me, and I will pay you.' He refused and went and put him in prison till he should pay the debt. When his fellow servants saw what had taken place, they were greatly distressed, and they went and reported to their lord all that had taken place. Then his lord summoned him and said to him, 'You wicked servant! I forgave you all that debt because you besought me; and should not you have had mercy on your fellow servant, as I had mercy on you?' And in anger his lord delivered him to the jailors, till he should pay all his debt. So also my heavenly Father will do to everyone of you, if you do not forgive your brother from your heart."

WISDOM OF THE FATHERS

Wherefore then did He not do this, nor forgive the debt before the account? Desiring to teach him, from how many obligations He is delivering him, that in this way at least he might become

REFRESHMENTS

We thank all those parishioners who served as hosts for the months of June, July and August. The hosts for the month of September are:

September 4: Mr. Howard Mandeville, Mrs. Sylvia Marcin, Mrs. Rena Mantis, M/M Demetrios Mantis

September 11: Ms. Zoe Marcopoulos, Ms. Athena Markos, Mr. George Markos, Mr. Mickey Markos, M/M Jimmy Matheos

September 18: M/M Nick Matthews, Ms. Loula Maurakis, M/M Keith Micha.

September 25: Dr. & Mrs. John Michos, M/M Al Mignogna, and M/M Kurt Smith.

more mild towards his fellow servant He gave more than he asked, remission and forgiveness of the entire debt. St. John Chrysostom, Homily 61 on Matthew 18, 4th Century

**HYMNS OF THE DAY
Resurrectional Apolytikion in the Second Mode**

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lighting of Thy Divinity. And when Thou didst also raise the dead out of the nethermost depths, all the powers in the Heavens cried out: O Life-giver, Christ our God, glory be to Thee.

Apolytikion for Hieromartyr Babylas in the Fourth Mode

As a sharer of the ways and a successor to the throne of the Apostles, O inspired of God, thou foundest discipline to be a means of ascent to divine vision. Wherefore, having rightly divided the word of truth, thou didst also contest for the Faith even unto blood, O Hieromartyr Babylas. Intercede with Christ our God that our souls be saved.

Seasonal Kontakion in the Fourth Mode

In your holy birth, Immaculate One, Joachim and Anna were rid of the shame of childlessness; Adam and Eve of the corruption of death. And so your people, free of the guilt of their sins, celebrate crying: "The barren one gives birth to the Theotokos, who nourishes our life."

**SAINTS AND FEASTS
COMMEMORATED**

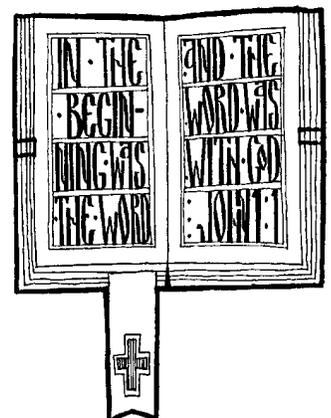
**11th Sunday of Matthew
Babylas the Holy Martyr
Moses the Prophet & Godseer**



The Prophet Moses-whose name means "one who draws forth," or "is drawn from," that is, from the water-was the pinnacle of the lovers of wisdom, the supremely wise lawgiver, the most ancient historian of all. He was of the tribe of Levi, the son of Amram and Jochabed (Num. 26:59). He was born in Egypt in the seventeenth century before Christ. While yet a babe of three months, he was placed in a basket made of papyrus and covered with pitch, and cast into the streams of the Nile for fear of Pharaoh's decree to the mid-wives of the Hebrews, that all the male children of the Hebrews be put to death. He was taken up from the river by Pharaoh's daughter, became her adopted son, and was reared and dwelt in the King's palace for forty years. Afterward, when he was some sixty years old, he fled to Madian, where, on Mount Horeb, he saw the vision of the burning bush. Thus he was ordained by God to lead Israel and bring it out of the land of Egypt. He led Israel through the Red Sea as it were dry land and governed the people for forty years. He wrought many signs and wonders, and wrote the first five books of the Old Testament, which are called the Pentateuch. When he reached the land of Moab, he ascended Mount Nabau, on the peak called Phasga, and there, by divine command, he reposed in the sixteenth century before Christ, having lived for some 120 years. The first two Odes of the Old Testament, "Let us sing to the Lord" and "Attend, O heaven, and I will speak," were written by him. Of these hymns, the first was chanted by the shore of the Red Sea as soon as the Israelites had crossed it; the second, in the land of Moab, a few days before his repose. The Holy High Priest Aaron was the elder brother of the Holy Prophet Moses. He was appointed by God to serve as the spokesman of Moses before the people, and also before Pharaoh, in Egypt. Afterwards, in the wilderness, he was called to the ministry of the high priesthood, as narrated in the books of Exodus, Leviticus, and Numbers in the Old Testament. The name Aaron means "enlightened."

**THROUGH THE BIBLE
A—Z**

- Women must be dignified, not malicious gossips, but temperate & faithful in all things - 1 Timothy 3:11
- Women who proclaim good tidings are a great host at God's command - Psalm 68:11
- Word of God abides in you and you have overcome the evil one - 1 John 2:15
- Word of God has sounded forth from you - 1 Thess. 1:8
- Word of God written so that you may know you have eternal life by believing in the Name of the Son of God - 1 John 5:13
- Word spoken in the right circumstances is like apples of gold in settings of silver - Proverbs 25:11
- Words of God are life and health to your body - Proverbs 4:20-22
- Words of God made known to you when you listen to Him - Proverbs 1:23
- Work for food which endures to eternal life - John 6:27
- Work night and day so that you will not be a burden to anyone - 2 Thess. 3:8
- Work out your salvation with fear and trembling - Philippians 2:12b
- Work quietly - 2 Thess. 3:12



CHURCH REGISTRY / ANNOUNCEMENTS

BIRTHS:

Our sincere congratulations and best wishes to **Andrew and Antonia Reeves** on the birth of their son June 3. Maternal grandparents **Steve Golas and Marcella Lolos**.

Our sincere congratulations and best wishes to **Demetra and Lyle Charbonneau** on the birth of their son June 15. Maternal grandparents **Zoe and Elias Doulgerakis**.

Our sincere congratulations and best wishes to **Athanasios and Anastasia Stratigakos** on the birth of their daughter July 13. Maternal grandparents **Demetrios and Voula Petrakos** and grandmother **Maria Stratigakos**.

Our sincere congratulations and best wishes to **George and Andrea Lawton** on the birth of their son August 3. Maternal grandparents **Paul and Louisa Vellissarios**.

NA SAS ZISOU!!!

40 DAY BLESSINGS:

The infant son of **Diane and Robert Pearce** received his 40-day blessing in our Church on June 19.

The infant daughter of **Maria Vaughn and Nik Pergloka** received her 40-day blessing in our Church on June 19.

The infant daughter of **Ellen and Constantinos Vellissarios** received her 40-day blessing in our Church on July 3.

The daughter of **Lyle and Demetria Charbonneau** received her 40-day blessing in our Church on July 31.

The daughter of **Athanasios and Anastasia Stratigakos** received her 40-day blessing in our Church on August 22.

May the blessings of our Church be with the newly-churched infants; our best wishes to them and their entire families.

BAPTISMS:

The daughters of **Anastasia Kazakova and Christopher Kebelitts** were baptized in our Church on June 25 and given the names **Angelina and Katerina** by their Godparents **Marla and James Nernkovich**.

The infant son of **Kostas and Anastasia Doulgerakis** was baptized on July 16 and was given the name **Theophanis Mihail** by his Godfather, **Michael Kamsiuk**.

The daughter of **Mark and Ashton Ashe** was bap-

tized on July 24 and was given the name **Penelope** by her Godparents **George and Colette Garofalis**.

Our best wishes to the newly baptized infants and our sincere congratulations to their parents, Godparents, grand-parents and their entire families.

NA SAS ZISOU!!!

WEDDINGS:

Our best wishes and sincere congratulations to **Michelle Paumier and Nicolas Echaniz** whose marriage was solemnized in our Church June 18 with **Constantine Becouvarakis** serving as the Koumbaro.

Our best wishes and sincere congratulations to **Nicole Beskenis and Thomas Alter** whose marriage was solemnized in our Church July 2. **Nicholas and Athena Beskenis** served as Koumbari.

Our best wishes and sincere congratulations to **Dr. Michael Kokorellis and Nia Cavros** whose marriage was solemnized at Annunciation Cathedral on August 27. **George Kokorellis** served as Koumbaro.

NA ZISETE!!!

RECENTLY ILL AND

NEEDING OUR PRAYERS:

We wish a speedy recovery to our friends and fellow parishioners who have been ill and/or hospitalized recently: **Mike Anastasiou, Howard Mandeville, Al Mignogna, Chris Fotiou, and Stella Florakis**

PERASTIKA SAS!!!

DEATHS:

Our sincere condolences to the family of **Merope Nikitas** who died June 10 and whose funeral service was held in our Church, June 14.

Our sincere condolences to the family of **Hassen Sallah** who died June 16.

Our sincere condolences to the family of **Presbytera Moscha Despodites** who died on July 28. Prayers were held in our Church on July 30 and Funeral in Bethesda, Maryland on August 1.

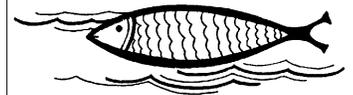
MAY THEIR MEMORY BE ETERNAL!!!

THANK YOU:

The **Koutsombinas (Ruth) Family** expresses a big "Thank You" to John Dermanis, the Andres, Philoptochos, AHEPA, Daughters, and everyone else for their donations to help with the disaster relief for Cora, who is in law school in Baton Rouge, and lost everything in the recent floods.

ATTENDANCE

June 5	60
June 12	104
June 19	143
June 26	137
July 3	94
July 10	76
July 17	97
July 24	102
July 31	99
August 7	108
August 14	104
August 21	131
August 28	94
YTD 16 Ave	139
YTD 15 Ave	143



Koliva

If you would like to purchase Koliva for memorials, you may contact:

Helen George 251-6155
Anastasia Savrides 595-1581
Athena Savvas 599-8455

Cross+Roads

CHURCH EMAIL LIST

Subscribe to the church email list for monthly links to the Cross+Roads and important church announcements at:

www.schgochurch.va.goarch.org

DEADLINE

Please email information no later than the 20th day of the month to Nick Vlattas
nvlattas@hewv.com

RELIGIOUS EDUCATION CLASSES BEGIN



Religious Education classes will begin on **Sunday, September 11, 2016**. All registration forms should be submitted to the church office prior to the start of classes so that we may be able to place

the children in the right classes or send form with your child to Sunday School.

Registration forms can be downloaded from our Parish website and are available in the Parish Narthex.

The students will participate in the Divine Liturgy with their families or in the first few rows on the left side designated for Sunday School children

and staff. This way when Father gives his sermon the children can participate more easily. Once the sermon is over and communion is taken the children are to proceed to the Sacalis Hall for their classes upstairs. We offer classes for children from ages 3-18 years of age. Preschoolers must be potty-trained.

The church offers many activities for the youth, but religious education is the primary function. Children must be enrolled and attending Sunday School in order to participate in other activities. Regular Sunday School attendance (at least twice a month) is expected of all who are registered.

Viola Nicholls Allen, Director

CHURCH, CLUB AND COMMUNITY NEWS

PHILOPTOCHOS

Though there were no meetings nor organized activities during the summer months, our ministry to those who need our help continued on. We continued to visit those patients receiving chemotherapy infusions at Virginia Oncology and to gift them with a light lunch accompanied by lots of cheer and good will. They, in turn, enjoyed seeing us and telling us about their particular situations and having people listen to their accounts. If you have not as yet participated in this wonderful **Act of Kindness**, consider doing so in the months ahead. Call **Ellie Costulis** 833-8181 and let her tell you how you can help.

Just as we have continued our **Act of Kindness** during the summer months, our **Literary Committee** have also continued their work in helping the neediest schools in our area with supplies of items they asked for. Please continue to bring "box tops for education", Farm Fresh receipts, cleaning supplies, etc. and placing them in the appropriate receptacles in the Narthex of our Church.

Ladies, our September meeting will be September 12. We will begin the 2016-2017 term with our traditional covered dish meeting. We're looking forward to a full attendance with our members ready to make this one of the most productive and successful terms in our charitable work.

Our obligations to National for the month of September are: A contribution to the **Orthodox Christian Fellowship (OCF)** which provides Orthodox Christian support to college students on campuses in the U.S., and a contribution to the **Hellenic College Holy Cross Scholarship Fund - Exaltation of the Holy Cross** which provides tuition scholarships to worthy students.

ORDER OF AHEPA

As of July 1, 2016, the newly elected officers of the Woodrow Wilson Chapter #241 of the Order of AHEPA are as follows: Nick J. Matthews, President; Tyke Panags, Vice President; Frank Peri, Recording Secretary; George

T. Anas, Corresponding Secretary; John Dermanis, Treasurer and John Samos, Assistant Treasurer. The Board of Governors are as follows: Chairman-Tom Georges, George T. Anas, John Christou, Tom Grepotis, Roger Headrick, Pete Kilopoulos and John Samos.

The Annual Community Picnic will be held on Sunday, September 11, 2016. All parish members are invited to attend.

The installation of officers, including dinner, will take place on Thursday, September 29, 2016 at the Ahepa Family Center beginning 6:45pm. The officers of our chapter as well as the Williamsburg Colonial Chapter #427 will be installed by District Governor Bill Bond.

Other activities include our Annual Golf Tournament, Agora "Greek Market", Casino Night, Community Awards Luncheon and monthly dinners. In addition, innovative social activities are being planned as well.

The AHEPA Agora offers its various Greek pantry items according to the following revised schedule.

Mondays	10am to 1pm
Wednesdays	10am to 1pm
Fridays	10am to 1pm
Sundays	- Following Church Services

We encourage any and all men in our Hellenic community who are interested in promoting Hellenism, Education, Philanthropy, Civic Responsibility and Individual Excellence to join our AHEPA chapter.

DAUGHTERS OF PENELOPE

The **Daughters of Penelope** will continue taking orders for **Spanokopites**, **Tyropites** and **Tyropitakia**. If you are interested in purchasing any of these items, please contact **Tessie Dakis**, 826-2910, **Zoe Marcopoulos**, 826-1045, or **Athena Markos**, C 870-4999.

On November 19, the Daughters will host a brunch in the AHEPA Family Home with a Fashion Show presented by **Alexis Galoozis**. Details concerning this function will follow in the coming months.

We congratulate the new slate of officers that was presented for the coming 2016-2017 term. They are: **Joanna Vallas**, President; **Zoe Marcopoulos**, Vice President, **Kathy Matthews**, Rec. Secretary, **Helen Dennie**, Treasurer, **Maria Vidakis**, Corr. Secretary. We wish them much success, and we thank them for their willingness to work for our Society.

We also wish to congratulate the new **District 3** officers, who were elected to these offices at the District 3 Convention held June 3 in Norfolk, VA. They are:

District Gov.:
Renee Mangingo
District Lt. Gov.:
Lynn Francis
District Secretary:
Sandra Sealine
District Treasurer:
Loretta Kirk.

Advisor of Maids of Athena:
Yiota H. Hastv.

We wish them a very successful and productive term.

Our congratulations also go to the young people who received **The Daughters of Penelope** Scholarships: They are: **Joseph Dennie**, **Eleanor Patrinely**, and **Ailki Vidakis**.

KE SE ANOTERA!!

Our September meeting will be held Thursday, September 29 at the AHEPA Family Home, beginning at 6:30 pm.

HELLENIC WOMAN'S PENELOPE SOCIETY

The **Hellenic Woman's Penelope Society (HWPS)** will hold the first meeting of its new calendar year on **Thursday, September 8th** (second Thursday) at **6:00 p.m.** at the **Hellenic Center**. **Stavroula Valentin** will serve as hostess.

Prior to the meeting, we will gather in the Biblical Garden to jointly offer a prayer for the protection of the environment. Please be reminded that His Holiness Patriarch Bartholomew II has designated the beginning of each ecclesiastical year to be the month of reminding ourselves why we have a moral responsibility to protect God's creation. As His Holiness wrote in His Encyclical to all Orthodox Churches around the world, "WE SHOULD PROPAGATE AN ECO-

LOGICAL ETHIC, WHICH SHOULD REMIND US THAT THE WORLD IS NOT OURS FOR US TO USE AS WE PLEASE. IT (THE ENVIRONMENT) IS A GIFT OF GOD'S LOVE TO US. WE MUST RETURN THAT LOVE BY PROTECTING IT WITH WHATEVER RESPONSIBILITIES IT MAY ENTAIL".

On Saturday, October 1st we will hold our Annual Fundraiser, which this year will be a formal dinner with live entertainment. We will begin at 6:00 PM with Greek hors d'oeuvres and wine, followed by dinner at 6:00 PM and live entertainment by Charles Darden and his jazz ensemble. They will entertain us with the songs of the 50's, 60's and 70's with audience participation (sing-along). It is of the utmost importance for members to attend this meeting during which final arrangements for the dinner will be made.

A final reminder to all our parishioners that the sale of pavers around the fountain in the Biblical Garden is near closing. If you wish to honor or memorialize a loved one or a friend, please call Marika Anthony at (757) 596-6909.

Our mid-summer special Greek Bake Sale was very successful and we were able to raise enough funds to help one of our parishioners who has amassed high medical bills. If any members of our community would like to make a donation to assist this parishioner, please mail your donation to the church "in care of" Gus Fotiathes, who is the Parish Council representative.

Our prayers and thoughts are with **Father Nick**, **Presbytera Flora**, **Father George**, and **Dean** on the passing of their beloved **Presbytera Moscha**. May her memory be eternal.

We wish everyone a Happy and Spiritual Ecclesiastical New Year.



CHURCH, CLUB AND COMMUNITY NEWS

(Continued from page 5)

HELLENIC WOMAN'S PENELOPE SOCIETY

To: Our Dinner Patrons

The Seventeenth Annual Dinner with Live Entertainment, sponsored by the Hellenic Woman's Penelope Society, will be held on Saturday, October 1, 2016 at the Hellenic Community Center, 60 Traverse Road, Newport News, VA 23606. Charles Darden and his jazz ensemble will entertain us with songs of the 50's, 60's, and 70's with audience participation (sing-along). We hope that you will find this year's format very enjoyable and entertaining.

Dinner Menu:

Garden Salad with cherry tomatoes and cucumbers
Athenian Chicken, (Chicken mixed with feta cheese and vegetables wrapped in filo pastry)
Rice Pilaf
French Green Beans with Lemon Sauce
Homemade Bread with Butter
Coffee or Iced Tea
Dessert - Lemon Torte
Greek hors d'oeuvres and

wine at 6:00 p.m. will be followed by dinner at 6:30 p.m. and live entertainment at 8:00 p.m. During intermission, Greek pastries will be served with coffee.

The price of the tickets is \$35 per person. Checks should be made payable to HWPS and mailed to Marika Anthony, 51 Settlers Road, Newport News, VA 23606. Reservations will be accepted through Saturday, September 17th. For reservations, please call (757) 596-6909.

Please note: Tables will be reserved for guests who have made their paid reservations by the due date, and will be assigned in the order by which they were received. All others will be directed to find seats in open seating areas.

FESTIVAL PHOTOS

Photos from the Greek Festival taken by Mr. Bill Whitt are available for viewing and or purchase at the following website:

<https://clickwhit.smugmug.com/Greek-Fest-June-2016/i-CRVx23z>

Thank you Greg Bicouvaris for asking Bill to capture this event!

FOURTH ANNUAL FATHER SAVAS CONSTANTINO MEMORIAL FAMILY MISSION WALK

Dear Brothers in Christ, Greetings! Our 4th annual Family Mission Walk will be held at First Landing State Park, Virginia Beach, on **Saturday, September 17, 2016** and we welcome your support and attendance. Through pledges and donations from our Orthodox community, the mission walk continues to raise funds for Orthodox Christian Charities, Virginia Seminarians at Holy Cross and local charities.

As you know, we named our Mission Walk after our beloved Father Savas Constantinou, former pastor of St. Nicholas and priest at Annunciation Cathedral, who for many years organized the annual IOCC mission walk for the Virginia Greek Orthodox Churches in Hampton Roads. Father Sav was a strong proponent of the mission walk as a means of gathering the Orthodox faithful in fun, fellowship and good cause. And he was a diligent champion for Holy Cross Seminarians. We are proud to carry on his good work and to remember him through this annual event. In the past three years, through the kindness of our Orthodox faithful, we **raised almost \$18,000** for the IOCC, OCMC, Holy Cross Virginia Seminarians, to support Orthodox mission trips, and St. Nicholas' home charity, Virginia Beach Bags. **We want all Orthodox churches in Tidewater to join us for this event.**

Our mission walk activities will begin with registration at the park at 9:00 a.m. We will have a short prayer service together and then conduct the mission walk at 10:00 a.m. on the Cape Henry trail. We have planned a route of 5 miles, with rest areas set up along the trail to support our walkers. At the conclusion of the walk, we will have a Pan-Orthodox picnic supported by Annunciation Cathedral and St.

Nicholas. A short closing session and prayer will finish our day.

Registration is free, although the entry fee to the park is required. Registration forms and pledge sign-up forms will be provided separately. We will post all information and forms on the St. Nicholas website (stnicksgoc.org) and on our Facebook page. Please register in advance, to we ensure we have sufficient food and materials on hand. If you are unable to join us on the walk, please join us for the picnic. And please encourage participation, donations and support for this worthy event and these important charities.

We hope your congregation can join us for this day of worship, fellowship and putting our Faith into action. We look forward to seeing you there! Yours in Christ,

FR. JOHN MANUEL

Pastor, St. Nicholas GOC

RUSSIAN SCHOOL OF HAMPTON ROADS

Starting this Fall, the Russian School of Hampton Roads will be offering beginner level Art Classes for children (ages 8+) and/or adults. Each session (10 lessons) will include drawing, painting and collage and will be taught in English.

Where: classrooms in Hellenic Center of Sts. Constantine and Helen Greek Orthodox Church.

When: Saturdays, 10:00-11:00am

Registration is open until September 17th. Age grouping will be determined based on interest (minimum 5 participants).

For more information:

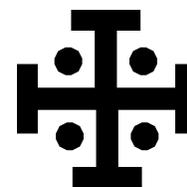
russclub@gmail.com

Natalya Peretyatko

Director

Russian School of Hampton Roads, VA

<https://sites.google.com/site/russiansmartschoolclub/>



DINNER with LIVE ENTERTAINMENT

Presented by

The Hellenic Woman's Penelope Society
Saturday, October 1st, 2016

Hellenic Community Center

60 Traverse Road, Newport News, VA 23606

Hors d'oeuvres & Wine-6:00 p.m.

Dinner-6:30 p.m. Entertainment-8:00 p.m.

For Reservations Please Call: (757) 596-6909

Reservations will be accepted through

Saturday, September 17th

Tables will be reserved for guests who have made their paid reservations by the due date.

\$35 per person

HELLENIC YOUTH DANCERS



Pictured (L-R):
 Fotakia
 Elliniki Psihi
 Ellinopoula
 Enosis
 Demetrakia
 Musicians

The **Hellenic Youth Dancers** performed many times during the Newport News Greek Festival in June 2016. Each dance set was better than the last. The group was honored to have Demetrakia from Baltimore, Maryland perform a Pontic set. Musicians from all over played their authentic Greek instruments to make every performance so special and enjoyable for all.

The **Hellenic Youth Dancers** will begin dance practices in September 2016. The group is accepting students from 4 to 18 years of age. Registration is now open.

The 2016-2017 HYD Registration Form can be found on the Saints Constantine and Helen church's web site.

Please bring the registration form and fee to the first practices.

The general breakdown of the groups is as follows:

Fotakia – ages 4-8 – First practice is September 18th immediately following church service.

Elliniki Psihi – ages 8-13 – First practice is September 13th from 6:15pm to 7:15pm.

Ellinopoula – ages 13-18 – First practice is September 13th from 7:15pm to 8:15pm.

If you have any questions, please contact Bobby Garofalis. HYD looks forward to seeing ALL students! Opa!

SEPTEMBER SUNDAYS AT STS. CONSTANTINE AND HELEN

Our Righteous Father Anthimos of Coroucle in Cephallenia Anthimos the new ascetic

SEPTEMBER 11

EPISTLE READING

Prokeimenon. Plagal Second Mode. **Psalm 27.9,1.**

O Lord, save your people and bless your inheritance.

Verse: To you, O Lord, I have cried, O my God.

The reading is from

St. Paul's Letter to the Galatians 6:11-18

GOSPEL READING

John 3:13-17

The Lord said, "No one has ascended into heaven but he who descended from heaven, the Son of man. And as Moses lifted up the serpent in the wilderness, so must the Son of man be lifted up, that whoever believes in him may have eternal life." "For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have eternal life. For God sent the Son into the world, not to condemn the world, but that the world might be saved through him."

WISDOM OF THE FATHERS

For not in heaven only is He, but everywhere, and He fills all things; but yet He speaks according to the infirmity of His hearer, desiring to lead him up little by little ... For after having spoken of the very great benefaction that had come to man by Baptism, He proceeds to mention another benefaction, which was the cause of this, and not inferior to it; namely, that by the Cross ... St. John Chrysostom, Homily 27 on John 3, 4th Century

HYMNS OF THE DAY

Resurrectional Apolytikion in the Third Mode

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Apolytikion for Afterfeast of the Nativity of the Theotokos in

the Fourth Mode

Thy Nativity, O Theotokos, hath proclaimed joy to the whole world; for from thee hath dawned the Sun of Righteousness, Christ our God, annulling the curse and bestowing the blessing, abolishing death and granting us life everlasting.

Seasonal Kontakion in the Fourth Mode

SAINTS AND FEASTS COMMEMORATED

Sergius and Herman of Valaam, Finland

Afterfeast of the Nativity of the Theotokos

Demetrios & Evanthea the Martyrs & their son Demetrianos Euphrosynos the Cook Sunday before Holy Cross

SEPTEMBER 18,

EPISTLE READING

Prokeimenon. Fourth Mode.

Psalm 103.24,1.

O Lord, how manifold are your works. You have made all things in wisdom.

Verse: Bless the Lord, O my soul.

The reading is from

St. Paul's Letter to the Galatians 2:16-20

GOSPEL READING

Mark 8:34-38; 9:1

The Lord said: "If anyone wishes to come after me, let him deny himself and take up his cross and follow me. For whoever would save his life will lose it; and whoever loses his life for my sake and the gospel's will save it. For what does it profit a man, to gain the whole world and forfeit his life? For what can a man give in return for his life? For whoever is ashamed of me and my words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when he comes in the glory of his Father with the holy angels." And he said to them, "Truly, I say to you, there are some standing here who will not taste death before they see the kingdom of God come with power."

WISDOM OF THE FATHERS

And see how He also makes His discourse unexceptionable:

not saying at all, "whether you will, or no, you must suffer this," but how? "If any man will come after me." St. John Chrysostom, Homily 55 on Matthew 16, 1. B#54, p.339., 4th Century

HYMNS OF THE DAY

Resurrectional Apolytikion in the Fourth Mode

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

Apolytikion for Afterfeast of the Holy Cross in the First Mode

Save, O Lord, Thy people and bless Thine inheritance; grant Thou unto the faithful victory over adversaries. And by the power of Thy Cross do Thou preserve Thy commonwealth.

Seasonal Kontakion in the Fourth Mode

Lifted up on the Cross by Your free will, Christ God, grant mercies to the new commonwealth that bears Your name. Gladden our faithful rulers by Your power, giving them victories over their adversaries. May Your alliance be for them a weapon for peace, an invincible standard.

SAINTS AND FEASTS COMMEMORATED

Sunday after Holy Cross Eumenius the Wonderworker, Bishop of Gortynia

This Saint took up the monastic life from his youth, and later became Bishop of Gortynia in Crete. He travelled to Rome, and to Thebes in Upper Egypt, where through his prayers he ended a drought; there also, after working many miracles, he reposed in deep old age. His holy relics were returned to Gortynia and buried at the place called Raxos.

Ariadne the Martyr

Afterfeast of the Holy Cross Plato the new Hieromartyr of Patmos

SEPTEMBER 25

EPISTLE READING

Prokeimenon. Plagal First Mode. **Psalm 11.7,1.**

You, O Lord, shall keep us and preserve us.

Verse: Save me, O Lord, for the godly man has failed.

The reading is from

St. Paul's Second Letter to the Corinthians 1:21-24; 2:1-4

GOSPEL READING

Luke 5:1-11

WISDOM OF THE FATHERS

For now they were well instructed beforehand...But mark both their faith and their obedience. For though they were in the midst of their work when they heard His command, they delayed not, they procrastinated not, they said not, "let us return home, and converse with our kinsfolk," but "they forsook all and followed." St. John Chrysostom, Homily 14 on Matthew 4, 4th Century

HYMNS OF THE DAY

Resurrectional Apolytikion in the Plagal First Mode

Let us worship the Word, O ye faithful, praising Him that with the Father and the Spirit is co-beginningless God, Who was born of a pure Virgin that we all be saved; for He was pleased to mount the Cross in the flesh that He assumed, accepting thus to endure death. And by His glorious rising, He also willed to resurrect the dead.

Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

SAINTS AND FEASTS COMMEMORATED

Synaxis of the Most Holy Theotokos of Evangelistria, Mochos

1st Sunday of Luke

Finbar the Confessor, First Bishop of Cork

Euphrosyne of Alexandria Paphnoutios the Martyr & his 546 Companions in Egypt

PARISH COUNCIL MINUTES – JUNE 20, 2016

I: Call to Order & Opening

Prayer:

The meeting convened at 1902 with an opening prayer by Father George. The following items were discussed:

Present: Father George

Chiros, Bob Demson, Barry Hendricks, Barbara France, Joanna Vallas, Zena Mageras, Tom Grepotis, Howard Mandeville

Absent: Bobby Garofalis, Jason Holbrook, Peter Johns, Gus Fotiadis

Guest: Dimitri Konstantinou, Nick Mathews, Tom George

Religious Education Topic presented by Howard Mandeville – Weakness and taking oneself too seriously...have a laugh with God because he is on your side. The more difficult your day, the more you need to look to God to break free and find peace in the Lord's presence.

II: Minutes:

Barbara France made a motion to approve the 23 May 2016 meeting minutes; seconded by Zena Mageras, passed unanimously

III: Correspondence:

Thank you note from Joseph Dennie for being selected to receive the Danny Daniel's Memorial Scholarship

Thank you from the Food Bank for the Sunday School food donation

Donation receipt from the Greek Orthodox Archdiocese acknowledging receipt of \$1,085 donation to St Nicholas National Shrine.

Asphalt repair work and estimate to seal coat and paint the church parking lot. Briefly discussed, no action taken

Memorandum from the Greek Orthodox Metropolis of New Jersey requesting a \$1,000 donation to go towards the rebuilding of St. Nektarios birthplace in Turkey. This donation was directed by Metropolitan Evangelos during the Metropolis Clergy-Laity in May. Tom Grepotis made motion to giving \$1,000 on this project, seconded by Howard Mandeville, passed unanimously

Pauline Schlim materials from the church's Narthex

IV: Treasurer's Report:

Reviewed Summary Financial Report May 2016 (see attached)

Joanne Vallas indicated that the QuickBooks software is allocating the funds inaccurately and needs to be reviewed to identify the inaccuracies. A work in progress to resolve and reconcile the books. This will be updated at the next PC meeting.

V: Visitor's Comments:

Nick Mathews and Tom Georges came to the Parish Council a year and a half ago to request opening a Greek Market as a way to raise money and asked that products such as feta and filo not be ordered through the church office. They have been told by some parishioners that they can get the products cheaper through the church. Barry indicated that we continue to support the agreement made last year and that no extra products are being ordered and offered for sale. Additionally, he asked if they had proof that this was being done, to please notify us with details and we will look into it.

VI: Committee Reports:

Youth Ministry: (Demetri will provide report electronically)

Demetri has been serving as the Youth Ministry Advisor for 1 month now and is organizing the youth projects, such as the Father's Day gift's.

Youth Protection Background Check. Demetri contacted Archdiocese for additional direction and guidance. Not received as of 20 June 2016.

Camp Good Shepherd – Virginia is scheduled for 10- 16 July at Camp Piankatank in Matthews County. We have five young people interested in going and Demetri feels it would be good for the church to assist with the camp fees. Barbara France made a motion to sponsor the 5 children to attend Camp Good Shephard - Virginia, Tom seconded. Demetri will work with Joanna Vallas to make the arrangements. Passed unanimously.

House Committee:

No report ready as the committee still waiting for final con-

sensus around open issues relating to hall rental and fees.

Standing policy for Foyer rental is flat rate of \$350 dollars whether you use the kitchen or not. Clarifications and recommendations will be forthcoming to address open issues.

Will discuss at next meeting

Festival Committee

Waiting for results of the Spring Festival. Expect to present at the Festival Luncheon on June 26, 2016. Nick Mathews will coordinate the luncheon and needs at least 4 volunteers to be available by 9:00AM.

Maintenance Committee

Surveillance system awaiting Jason's review and recommendations

Centurion Campaign

\$4550 donations received last month. Donations are still being received with 27 community members making a pledge and or paid to date. Seeking additional Church members to make a pledge for this important charity effort. 90% of all donations will stay in our community to help pay off the loan for the hall renovation and to help build an emergency capital expense reserve, and the remaining 10% will go towards fulfilling our Metropolis of New Jersey directed contribution towards the rebuilding of St Nicholas in New York City.

Other Committees

Nothing to report

VII: Priest's and Youth Report

Pentecost
Vacation Bible School preparations are complete. Expecting large attendance.

Camp Good Shephard – Virginia, staff Father George, Demetri and Dean

Father attending the Bi-Annual Clergy-Laity, July 3-8, in Nashville, TN

Letter received from Natalya Accardi and the Russian School, thanking us for use of facilities; \$847 donation made to church

Flyers about a bake sale benefiting a parishioner for Wed June 22, 9-1

Fire Inspector came to Festival and complied with inspection from February

Get well wishes to Howard Mandeville after surgery with a speedy recovery

First Aid Kit order by Father and attached to the wall near the ice machine for use by kitchen staff for emergencies.

August Parish Council meeting will schedule as a dinner meeting

Father wishes all a happy summer and encouraged church attendance throughout the summer

VIII: Unfinished Business:

Safe deposit box inventory finished by Zena Mageras and final report will be submitted. Zena Mageras and John Dermanis added as signatory and issued a key.

Weekly e-Bulletin is being followed up on by Jason and Peter

Music Ministry position still open

Offer made to Tim Sofis to fill the Director of Youth Ministries position. He will let us know by mid-July and reported at the August Parish Council meeting.

IX: New Business:

Closed circuit camera system needs to be updated and fixed in Nursery Room and restock the toys in the room. Demetri will review requirements and provide updates to bring into operation.

Statement sent from Sylvia regarding the membership database.

Sympathies to Zena on the loss of her cousin

Barry Hendricks shared the news with the Parish Council that we was recently accepted into the Deaconate Program at Hellenic College – Holy Cross and will attend the first of three summer sessions next month, July 16 -23. He will attend follow-on sessions in July 2017 and 2018. Congratulations.

X: Adjournment:

Fr. George offered the closing prayer at 2107. Next meeting is on 15 August 2016.

XI: Certification:

Respectfully Submitted
Robert V Demson

Secretary

TIME AND TALENTS NEEDED

(Continued from page 1)

way that can grow this vital ministry in our community. For more information, please contact Father George or Barry Hendricks.

Assist with Reoccurring Catering Commitment:

We have secured and maintained two reoccurring catering commitments in the Sacalas Hall. The first is a weekly Men's Bible Study Breakfast every Thursday morning. Volunteers arrive and start preparations in the kitchen at 5:30. Breakfast serving starts at 6:45. The men leave at 8:00 am. After a short clean up, volunteers are out by 9:00 am. The other is a monthly breakfast for Retired Shipyard Workers the first Tuesday of every month. Arrival and preparations begin at 6:30 and breakfast serving starts at 8:00. The shipyard people leave at 9:30, and the volunteers are out by 10:15. We understand that people work, as most of the current volunteers do so also. If you are able to come and assist, we would love to have you join us. You don't have to stay from beginning to end for either event. We are looking for whatever time you have to offer (particularly for the monthly Tuesday morning breakfast). If interested, please talk to Barbara France or John Dermanis. They welcome the opportunity to go over all the particulars and incorporate you into the schedule.

Internet Ministry Leader:

An area that we must expand is the way we reach out to our faithful using the tools available to us through the internet – our web presence, social media, and email. The vision for ministry includes working closely with our webmaster to look at ways we can improve and keep our web presence current, utilizing Fa-

cebook, Twitter, and Instagram as ways to communicate (currently there are two or three Facebook pages associated with our church which can be confusing to someone looking for information), expanding our email distribution of our weekly bulletins and routine correspondence, and setting up online giving through an app similar to PayPal. If there is any area where a young adult can come in and make an immediate difference, it is this ministry. If this sounds like something that interests you and would like more information, please contact Barry Hendricks.

Office Volunteers:

We have adjusted the operating hours of the Church Office and there are days and times where we won't have coverage by a Church employee. We are seeking volunteers to help out in the Church Office to perform routine tasks such as answer phones, take messages, assist with parish mailings, and greet visitors. If interested, please contact Barbara France.

These are just a few of the immediate needs we have in the community at this time. If you see something that interests you, please reach out to the point of contact listed. However, the list of needs doesn't end here, if you know of an area you can make a valuable commitment of your time and talents and it isn't listed here, please contact either Father George or myself.



September 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

1 Thursday

Beginning of the Ecclesiastical Year

9:00am Orthros
10:00am Divine Liturgy

3 Saturday

1:30pm Baptism

4 Sunday

11th Sunday of Matthew

8:45am Orthros
10:00am Divine Liturgy
40-Day Memorial for Presby. Moscha Despotides

5 Monday

LABOR DAY – Office Closed

6 Tuesday

1st day of Greek School

7 Wednesday

6:00pm-7:00pm Greek School

8 Thursday

Nativity of the Theotokos

9:00am Orthros
10:00am Divine Liturgy
7:15pm Choir

11 Sunday

Sunday before Holy Cross

8:45am Orthros
10:00am Divine Liturgy
15 Year Trisagion for those who lost their lives on 9/11
Sunday School begins
Ahepa Picnic following Divine Liturgy

12 Monday

6:30pm Philoptochos - Pot Luck

13 Tuesday

6:00pm-8:00pm Greek School

14 Wednesday

Exaltation of the Holy Cross

STRICT FAST

9:00am Orthros
10:00am Divine Liturgy
6:00pm-8:00pm Greek School

15 Thursday

6:30pm HWPS
7:15pm Choir

18 Sunday

Sunday after Holy Cross

8:45am Orthros
10:00am Divine Liturgy

19 Monday

7:00pm Parish Council Meeting

20 Tuesday

6:00pm-8:00pm Greek School

21 Wednesday

6:00pm-8:00pm Greek School

22 Thursday

7:15pm Choir

25 Sunday

1st Sunday of Luke

8:45am Orthros
10:00am Divine Liturgy
Goya Oath of office

26 Monday

Falling Asleep of St. John the Theologian

9:00am Orthros
10:00am Divine Liturgy

27 Tuesday

6:00pm-7:00pm Greek School

28 Wednesday

6:00pm-8:00pm Greek School

29 Thursday

6:45am AHEPA/DOP Meeting
7:15pm Choir

**Saints Constantine & Helen
Greek Orthodox Church
60 Traverse Road
Newport News VA 23606**

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Fax (757) 596-2967

COME WORSHIP THE GLORY OF GOD



Sunday Services

8:45 a.m. Matins
10:00 a.m. Divine Liturgy
11:30 a.m. Religious Education (Sep-May)
12:00 a.m. Christian Fellowship (Hellenic Center)

Mission Statement

The mission of Saints Constantine & Helen Greek Orthodox Church in Newport News, Virginia is to keep, practice, and proclaim the Orthodox Christian Faith. The work and ministry of our Parish will include proclaiming the Gospel, sanctifying the faithful through God's grace in worship, the Divine Liturgy and the Sacraments, and enhancing their spiritual life. We will fulfill the great commission of our Lord and Savior Jesus Christ by inviting others into the Church through Baptism and/or Chrismation, educating them in the Orthodox Faith through the establishment of programs, schools and philanthropic activities, and implementing Christian ministries.