

# THE CROSS+ROADS

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## Hi-Lites

- Centurion Campaign—Page 12
- Saints and Dragons Icon Exhibit at Chrysler Museum—Oct 2
- Church Fundraiser—Oct 11-12
- Greek Festival (Fall Edition)
- JOY / HOPE Fall Festival—November 1

## † FROM FATHER GEORGE

### INSTRUCTION FROM SAINT LUKE

Story telling is a part of human life. Who from amongst us has not ever been in the position of reading a story to a child or a group of children? For the most part the child or children have their eyes glued on to the person reading the story and hopefully their ears focused as well.

Lawrence Farley has produced an excellent work entitled "Orthodox Bible Study Companion Series" in which Farley does an exegesis of the Holy Gospels and Epistles of the New Testament. In his book on the Gospel of Saint Luke, Farley tells us that the Gospel of Saint Luke has been described as "the loveliest book in the world".

Saint Luke whose Feast Day is celebrated in the Orthodox Church on October 18th had as his mission in writing this Gospel the presenting of the Christian faith in a way in which people could understand the mission and teachings of the Lord. The uses of Parables which are highly visible in the Gospel were the tools of which Saint Luke used to explain the Christian faith.

As we find ourselves in the Month of October we will see that the Sunday Gospel readings will be from the Gospel of Saint Luke. We will hear the

parables as they were told by the greatest story teller the world has ever known, our Lord Himself. As we are listening to the Gospel being proclaimed which means that we are in Church on time when the readings are occurring, hear the themes of what Jesus is trying to say and why Saint Luke saw it necessary to place these readings in his Gospel.

The instructions of how we are to live as Orthodox Christians are right in front of our faces. There is no person who has not lived who has not ever had to do certain things without instructions. To the parents in our Community, tell me you did not use the instructional manuals when having to put your children's presents together at Christmas? Imagine trying to do so without those instructions?

None of us is beyond becoming a better person. There is room for improvement in all of us. This act of improving ourselves becomes more difficult when we do not make the effort. It is my hope that we will all use the remaining months of 2015 as a period of time for growth and reflection. Seize the moment. Listen to the Parables of Jesus found in the Gospel of Saint Luke as the instruction manuals in living the good Orthodox Christian life.



Fall Edition  
Newport News  
Greek Festival  
www.NewportNewsGreekFestival.org

October  
22, 23, 24

Thursday  
4:00 pm – 9:00 pm

Friday & Saturday  
11:00 am – 10:00 pm

PLEASE  
VOLUNTEER  
Forms are available on  
Page 8 and at Church



GREEK ORTHODOX  
METROPOLIS OF NEW JERSEY

## Glory Be To God

**Saints Constantine & Helen  
Greek Orthodox Church  
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### Parish Council

Barry Hendricks, President

Frank Peri, Vice President

Joanna Vallas, Treasurer

Bobby Garofalis, Assistant

Treasurer

Alex Constantine, Secretary

Elias Doulgerakis

Konstantinos Fotiadis

Barbara France

Alexis Galoozis

Tom Grepitios

Jason Holbrook

### Chanters

John Siokis

Harry Fotiou

Alex Constantine

### Office Secretary

Tasia Savrides

## OCTOBER SUNDAYS

### Apolytikion for Saints Constantine & Helen, Equal-to-the Apostles in the Plagal of the Fourth Tone

Having seen the image of Thy Cross in Heaven, and like Paul, having received the call not from men, Thine apostle among kings entrusted the commonwealth to Thy hand, O Lord. Keep us always in peace, by the intercessions of the Theotokos, O only Friend of man.

Τοῦ Σταυροῦ σου τὸν τύπον ἐν οὐρανῶ θεασάμενος, καὶ ὡς ὁ Παῦλος τὴν κλήσιν οὐκ ἐξ ἀνθρώπων δεξάμενος, ὁ ἐν βασιλεύσειν, Ἀπόστολός σου Κύριε, Βασιλεύουσαν πόλιν τῆ χειρὶ σου παρέθετο ἦν περισώζε διὰ παντὸς ἐν εἰρήνῃ, πρεσβείαις τῆς Θεοτόκου, μόνε Φιλάνθρωπε.

## OCTOBER 4

### EPISTLE READING

#### St. Paul's Second Letter to the Corinthians 9:6-11

BRETHREN, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do as he has made up his mind, not reluctantly or under compulsion, for God loves a cheerful giver. And God is able to provide you with every blessing in abundance, so that you may always have enough of everything and may provide in abundance for every good work. As it is written, "He scatters abroad, he gives to

the poor; his righteousness endures for ever." He who supplies seed to the sower and bread for food will supply and multiply your resources and increase the harvest of your righteousness. You will be enriched in every way for great generosity, which through us will produce thanksgiving to God.

### GOSPEL READING

#### Luke 6:31-36

The Lord said, "And as you wish that men would do to you, do so to them. If you love those who love you, what credit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? For even sinners do the same. And if you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, and do good, and lend, expecting nothing in return; and your reward will be great, and you will be sons of the Most High; for he is kind to the ungrateful and the selfish. Be merciful, even as your Father is merciful."

#### Κατὰ Λουκᾶν 6:31-36

Εἶπεν ὁ Κύριος καθὼς θέλετε ἵνα ποιῶσιν ὑμῖν οἱ ἄνθρωποι, ποιεῖτε αὐτοῖς ὁμοίως. καὶ εἰ ἀγαπᾶτε τοὺς ἀγαπῶντας ὑμᾶς, ποῖα ὑμῖν χάρις ἐστὶ; καὶ γὰρ οἱ ἁμαρτωλοὶ τοὺς ἀγαπῶντας αὐτοὺς ἀγαπῶσι. καὶ ἐὰν

## ACOLYTES

### OCTOBER 11

#### Team A - Dominic Peri

Kostas Polyzos, Jorgie Polyzos, James St. Martin, Yianni Tsimplekis, Dean Peri

### OCTOBER 18

#### Team B -

#### Christian Detweiler

Hayden Hendricks, Michael Christou, Anthony Capobianco, Cris Campbell, Ethan Detweiler

### OCTOBER 4 & 25

#### Team C - Joseph Dennie

Georgios Haramis, Christos Konstantinou, Christopher Myers, Soterios Tofalli, Kyprianos Tofalli

## EPISTLE READERS

### October 4:

Christina Constantine

### October 11:

Alex Swanenburg  
(GOYA)

### October 18:

Helen George

### October 25:

James Woodbury

## PARISH MINISTRIES & ORGANIZATIONS

### Philoptochos

Trish Demson, President

### Religious Education

Viola Nicholls Allen, Director

### Greek School

Matina Mimikos, Paula Tofalli, Aphrodite Christopoulos

### Youth Ministry

Stephanie Peri and Kent Paumier, Advisors

### Acolytes

Barry Hendricks, Director

### JOY/HOPE

Helen Micha, Director

### Greek Orthodox Youth Association (GOYA)

Mary Katherine Galoozis, President

Kent Paumier, Advisor

### Young Adult League (YAL)

Anastasia Theodorogiannis, President

### Golden Hearts

Chris Fotiou, President

### Order of AHEPA

Newport News—Tom Georges, President

### Daughters of Penelope

Helen George, President

### Hellenic Womens Penelope Society

Marika Anthony, President

### Hellenic Youth Dancers

Bobby Garofalis, Director

Archdiocese on the web  
[www.goarch.org](http://www.goarch.org)

ἀγαθοποιήτε τοὺς ἀγαθοποιούντας ὑμᾶς, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ οἱ ἁμαρτωλοὶ τὸ αὐτὸ ποιοῦσι. καὶ ἔαν δανείζητε παρ' ὧν ἐλπίζετε ἀπολαβεῖν, ποία ὑμῖν χάρις ἐστί; καὶ γὰρ ἁμαρτωλοὶ ἁμαρτωλοῖς δανείζουσιν ἵνα ἀπολάβωσι τὰ ἴσα. πλὴν ἀγαπᾶτε τοὺς ἐχθροὺς ὑμῶν καὶ ἀγαθοποιεῖτε καὶ δανείζετε μηδὲν ἀπελπίζοντες, καὶ ἔσται ὁ μισθὸς ὑμῶν πολὺς, καὶ ἔσεσθε υἱοὶ ὑψίστου, ὅτι αὐτὸς χρηστός ἐστιν ἐπὶ τοὺς ἀχαρίστους καὶ πονηροὺς. Γίνεσθε οὖν οἰκτίρμονες, καθὼς καὶ ὁ πατὴρ ὑμῶν οἰκτίρμων ἐστί.

## SAINTS AND FEASTS COMMEMORATED

**John the Hermit**  
**2nd Sunday of Luke**  
**Hierotheus, Bishop of Athens**

According to some, Hierotheus, like Saint Dionysius, was a member of the court of Mars Hill. Having first been instructed in the Faith of Christ by Paul, he became Bishop of Athens. He, in turn, initiated the divine Dionysius more perfectly into the mysteries of Christ; the latter, on his part, elaborated more clearly and distinctly Hierotheus' concise and summary teachings concerning the Faith. He too was brought miraculously by the power of the Holy Spirit to be present at the Dormition of the Theotokos, when, together with the sacred Apostles, he became a leader of the divine hymnody. "He was wholly transported, wholly outside himself and was so deeply absorbed in communion with the sacred things he celebrated in hymnology, that to all who heard him and saw him and knew him, and yet knew him not, he seemed to be inspired of God, a divine hymnographer," as Dionysius says (On the Divine Names, 3:2). Having lived in a manner pleasing to God, he reposed in the Lord.

**Domnina the Martyr and her daughters**

**HYMNS OF THE DAY**  
**Resurrectional Apolytikion**  
**in the First Mode**

When the stone had been sealed by the Jews and the soldiers were guarding Thine immaculate Body, Thou didst arise

on the third day, O Saviour, granting life unto the world. Wherefore, the powers of the Heavens cried out to Thee, O Lifegiver: Glory to Thy Resurrection, O Christ. Glory to Thy Kingdom. Glory to Thy dispensation, O only Friend of man.

Τοῦ λίθου σφραγισθέντος ὑπὸ τῶν Ἰουδαίων, καὶ στρατιωτῶν φυλασσόντων τὸ ἄχραντόν σου σῶμα, ἀνέστης τριήμερος Σωτῆρ, δωρούμενος τῷ κόσμῳ τὴν ζωὴν. Διὰ τοῦτο αἱ Δυνάμεις τῶν οὐρανῶν ἐβόων σοι Ζωοδότα· Δόξα τῇ ἀναστάσει σου Χριστέ, δόξα τῇ Βασιλείᾳ σου, δόξα τῇ οἰκονομίᾳ σου, μόνε Φιλάνθρωπε.

## Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

Προστασία τῶν Χριστιανῶν ἀκαταίχουντε, μεσιτεία πρὸς τὸν Ποιητὴν ἀμετάθετε. Μὴ παρίδηρ ἀμαρτωλῶν δεήσεων φωνάς, ἀλλὰ πρόφθασον, ὡς ἀγαθὴ, εἰς τὴν βοήθειαν ἡμῶν, τῶν πιστῶν κραυγαζόντων σοι· Τάχυνον εἰς πρεσβείαν, καὶ σπεῦσον εἰς ἱκεσίαν, ἢ προστατεύουσα αἰεὶ, Θεοτόκε, τῶν τιμῶντων σε.

## WISDOM OF THE FATHERS

Christians ... should strive in all things and ought not to pass judgment of any kind on anyone, not on the prostitute nor on sinners nor on disorderly persons. But they should look upon all persons with a single mind and a pure eye so that it may be for such a person almost a natural and fixed attitude never to despise or judge or abhor anyone or to divide people and put them into boxes ... For this is purity of heart, that, when you see the sinner and the weak, you have compassion and show mercy to them. - St. Makarios the Great, Homilies 5.8, 4th century

**OCTOBER 11**  
**EPISTLE READING**  
**St. Paul's Letter to Titus**

## 3:8-15

TITUS, my son, the saying is sure. I desire you to insist on these things, so that those who have believed in God may be careful to apply themselves to good deeds; these are excellent and profitable to men. But avoid stupid controversies, genealogies, dissensions, and quarrels over the law, for they are unprofitable and futile. As for a man who is factious, after admonishing him once or twice, have nothing more to do with him, knowing that such a person is perverted and sinful; he is self-condemned. When I send Artemas or Tychicos to you, do your best to come to me at Nicopolis, for I have decided to spend the winter there. Do your best to speed Zenas the lawyer and Apollos on their way; see that they lack nothing. And let our people learn to apply themselves to good deeds, so as to help cases of urgent need, and not to be unfruitful. All who are with me send greeting to you. Greet those who love us in the faith. Grace be with you all. Amen.

## GOSPEL READING

**Luke 8:5-15**

The Lord said this parable: "A sower went out to sow his seed; and as he sowed, some fell along the path, and was trodden under foot, and the birds of the air devoured it. And some fell on the rock; and as it grew up, it withered away, because it had no moisture. And some fell among thorns; and the thorns grew with it and choked it. And some fell into good soil and grew, and yielded a hundredfold." And when his disciples asked him what this parable meant, he said, "To you it has been given to know the secrets of the kingdom of God; but for others they are in parables, so that seeing they may not see, and hearing they may not understand. Now the parable is this: The seed is the word of God. The ones along the path are those who have heard; then the devil comes and takes away the word from their hearts, that they may not believe and be saved. And the ones on the rock are those who, when they hear the word, receive it with joy; but these have no root, they believe for a while

and in time of temptation fall away. And as for what fell among the thorns, they are those who hear, but as they go on their way they are choked by the cares and riches and pleasures of life, and their fruit does not mature. And as for that in the good soil, they are those who, hearing the word, hold it fast in an honest and good heart, and bring forth fruit with patience." As he said these things, he cried out "He who has ears to hear, let him hear."

## SAINTS AND FEASTS COMMEMORATED

**Sunday of the 7th Ecumenical Council**

On the Sunday that falls on or immediately after the eleventh of this month, we chant the Service to the 350 holy Fathers of the Seventh Ecumenical Council, which gathered in Nicaea in 787 under the holy Patriarch Tarasius and during the reign of the Empress Irene and her son, Constantine Porphyrogenitus, to refute the Iconoclast heresy, which had received imperial support beginning with the Edict issued in 726 by Emperor Leo the Isaurian. Many of the holy Fathers who condemned Iconoclasm at this holy Council later died as Confessors and Martyrs for the holy Icons during the second assault of Iconoclasm in the ninth century, especially during the reigns of Leo the Armenian and Theophilus.

**Our Holy Father Nectarius, Arsacuis and Sisinius, Patriarchs of Constantinople**  
**Theophanes the Confessor, Bishop of Nicaea**

Saint Theophanes, the brother of Saint Theodore the Branded, was a Palestinian by race. Both were monks at the Monastery of Saint Sabbas. They were called "the Branded" because Theophilus, the last of the Iconoclast emperors, had twelve iambic verses branded by hot irons on their foreheads and then sent them into exile, where Theodore died in the year 838. After the death of Theophilus in 842, Theophanes was elected Bishop of Nicaea. Both brothers composed many canons and hymns, there-

(Continued on page 4)

## OCTOBER SUNDAYS @ SAINTS CONSTANTINE &amp; HELEN

(Continued from page 3)

by adorning the services of the Church.

### Philip the Apostle of the 70, one of the 7 Deacons

Saint Philip, who had four daughters that prophesied, was from Caesarea of Palestine. He preached throughout Samaria; it was he also who met the eunuch of Candace, the Queen of the Ethiopians, as the eunuch was reading the Prophet Esaias, and he instructed and baptized him (Acts 8:26-39). He reposed in Tralles of Asia Minor while preaching the Gospel.

### Holy Martyrs Zenais and Philonilla

### HYMNS OF THE DAY Resurrectional Apolytikion in the Second Mode

When Thou didst descend unto death, O Life Immortal, then didst Thou slay Hades with the lightning of Thy Divinity. And when Thou didst also raise the dead out of the nethermost depths, all the powers in the Heavens cried out: O Life-giver, Christ our God, glory be to Thee.

Ὅτε κατήλθες πρὸς τὸν θάνατον, ἢ Ζωὴ ἢ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεώτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον-Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

### Apolytikion for Sun. of the 7th Ecumenical Council in the Plagal Fourth Mode

Most glorified art Thou, O Christ our God, Who hast established our Fathers as luminous stars upon the earth, and through them didst guide us all to the true Faith. O Most Merciful One, glory be to Thee.

Ὑπερδεδοξαμένος εἶ, Χριστέ ὁ Θεὸς ἡμῶν, ὁ φωστήρας ἐπιγῆς τοὺς Πατέρας ἡμῶν θεμελιώσας, καὶ δι' αὐτῶν πρὸς τὴν ἀληθινὴν πίστιν, πάντας ἡμᾶς ὀδηγήσας πολυεὐσπλαγχνε, δόξα σοι.

### Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, media-

tion unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

### WISDOM OF THE FATHERS

For by seed here He means His doctrine, and by land, the souls of men, and by the sower, Himself .... For as the sower makes no distinction in the land submitted to him, but simply and indifferently casts his seed; so He Himself too makes no distinction of rich and poor, of wise and unwise, of slothful or diligent, of brave or cowardly; but He discourses unto all, fulfilling His part, although foreknowing the results. St. John Chrysostom, Homily 44 on Matthew 12, 4th Century

### OCTOBER 18 EPISTLE READING

### St. Paul's Letter to the Colossians 4:5-11, 14-18

BRETHREN, conduct yourselves wisely toward outsiders, making the most of the time. Let your speech always be gracious, seasoned with salt, so that you may know how you ought to answer every one. Tychicos will tell you all about my affairs; he is a beloved brother and faithful minister and fellow servant in the Lord. I have sent him to you for this very purpose, that you may know how we are and that he may encourage your hearts, and with him Onesimos, the faithful and beloved brother, who is one of yourselves. They will tell you of everything that has taken place. Aristarchos my fellow prisoner greets you, and Mark the cousin of Barnabas (concerning whom you have received instructions if he comes to you, receive him), and Jesus who is called Justos. These are the only men of the circumcision among my fellow workers for the kingdom of God, and they have been a comfort to

me. Luke the beloved physician and Demas greet you. Give my greetings to the brethren at Laodicea, and to Nympha and the church in her house. And when this letter has been read among you, have it read also in the church of the Laodiceans; and see that you read also the letter from Laodicea. And say to Archippos, "See that you fulfill the ministry which you have received in the Lord." I, Paul, write this greeting with my own hand. Remember my fetters. Grace be with you. Amen.

### GOSPEL READING

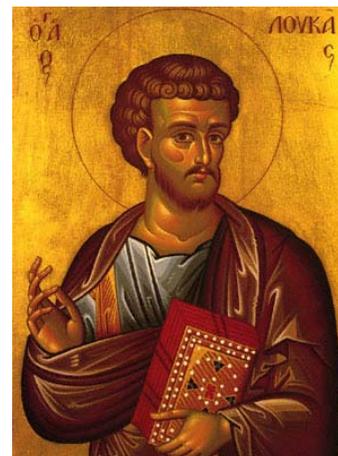
### Luke 10:16-21

The Lord said to his disciples, "He who hears you hears me, and he who rejects you rejects me, and he who rejects me rejects him who sent me." The seventy returned with joy, saying, "Lord, even the demons are subject to us in your name!" And he said to them, "I saw Satan fall like lightning from heaven. Behold, I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy; and nothing shall hurt you. Nevertheless do not rejoice in this, that the spirits are subject to you; but rejoice that your names are written in heaven." In that same hour he rejoiced in the Holy Spirit and said, "I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to babes; yes, Father, for such was your gracious will."

### SAINTS AND FEASTS COMMEMORATED

### Marinos the Martyr Luke the Evangelist

This Apostle was an Antiochian, a physician by trade, and a disciple and companion of Paul. He wrote his Gospel in Greek after Matthew and Mark, after which he wrote the Acts of the Apostles, and dedicated both works to Theophilus, who, according to some, was Governor of Achaia. He lived some eighty-six years and died in Achaia, perhaps in Patras, the capital of



this district. His emblem is the calf, the third symbolical beast mentioned by Ezekiel (1:10), which is a symbol of Christ's sacrificial and priestly office, as Saint Irenaeus says.

### Felix the Hieromartyr & Eusebius the Deacon

### HYMNS OF THE DAY Resurrectional Apolytikion in the Third Mode

Let the Heavens rejoice; let earthly things be glad; for the Lord hath wrought might with His arm, He hath trampled upon death by death. The first-born of the dead hath He become. From the belly of Hades hath He delivered us, and hath granted great mercy to the world.

Εὐφραινέσθω τὰ οὐράνια, ἀγαλλιάσθω τὰ ἐπίγεια, ὅτι ἐποίησε κράτος, ἐν βραχίονι αὐτοῦ, ὁ Κύριος, ἐπάτησε τῷ θανάτῳ τὸν θάνατον, πρωτότοκος τῶν νεκρῶν ἐγένετο, ἐκ κοιλίας ἄδου ἐρρύσατο ἡμᾶς, καὶ παρέσχε τῷ κόσμῳ τὸ μέγα ἔλεος.

### Apolytikion for Luke the Evangelist in the Third Mode

O Holy Apostle and Evangelist Luke, intercede with the merciful God that He grant unto our souls forgiveness of offences.

Ἀπόστολε Ἅγιε, καὶ Ευαγγελιστά Λουκά, πρέσβευε τῷ ελεήμονι Θεῷ, ἵνα πταισμάτων ἄφεσιν, παράσχῃ ταῖς ψυχαῖς ἡμῶν.

### Seasonal Kontakion in the Second Mode

O Protection of Christians that cannot be put to shame, media-

stant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

## **OCTOBER 25** **EPISTLE READING**

### **St. Paul's Letter to the Galatians 2:16-20**

BRETHREN, you know that a man is not justified by works of the law but through faith in Jesus Christ, even we have believed in Christ Jesus, in order to be justified by faith in Christ, and not by works of the law, because by works of the law shall no one be justified. But if, in our endeavor to be justified in Christ, we ourselves were found to be sinners, is Christ then an agent of sin? Certainly not! But if I build up again those things which I tore down, then I prove myself a transgressor. For I through the law died to the law, that I might live to God. I have been crucified with Christ; it is no longer I who live, but Christ who lives in me; and the life I now live in the flesh I live by faith in the Son of God, who loved me and gave himself for me.

## **GOSPEL READING** **Luke 8:26-39**

At that time, as Jesus arrived at the country of the Gadarenes, there met him a man from the city who had demons; for a long time he had worn no clothes and he lived not in a house but among the tombs. When he saw Jesus, he cried out and fell down before him, and said with a loud voice, "What have you to do with me, Jesus, Son of the Most High God? I beseech you, do not torment me." For he had commanded the unclean spirit to come out of the man. (For many a time it had seized him; he was kept under guard, and bound with chains and fetters, but he broke the bonds and was driven by the demon into the desert.) Jesus then asked him, "What is your name?" And he said, "Legion"; for many demons had entered him. And they begged him not to command them to depart into

the abyss. Now a large herd of swine was feeding there on the hillside; and they begged him to let them enter these. So he gave them leave. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and were drowned. When the herdsmen saw what happened, they fled, and told it in the city and in the country. Then people went out to see what had happened, and they came to Jesus, and found the man from whom the demons had gone, sitting at the feet of Jesus, clothed and in his right mind; and they were afraid. And those who had seen it told them how he who had been possessed with demons was healed. Then all the people of the surrounding country of the Gadarenes asked him to depart from them; for they were seized with great fear; so he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but he sent him away, saying, "Return to your home, and declare how much God has done for you." And he went away, proclaiming throughout the whole city how much Jesus had done for him.

## **SAINTS AND FEASTS** **COMMEMORATED** **6th Sunday of Luke**

### **The Holy Martyrs Marcian and Martyrius the Notaries**

These Martyrs were disciples of Saint Paul the Confessor (see Nov. 6). Martyrius was a subdeacon, Marcian a chanter and reader. They were beheaded by the Arians in the year 346. Miracles were wrought at their tomb, and demons were cast out; Saint John Chrysostom began the building of the church in their honour in Constantinople, and it was completed by patriarch Sisinius.

### **Tabitha, who was raised from the dead by Peter the Apostle**

### **Commemoration of the Great Earthquake in Constantinople**

## **HYMNS OF THE DAY** **Resurrectional Apolytikion**

## **in the Fourth Mode**

Having learned the joyful proclamation of the Resurrection from the Angel, and having cast off the ancestral condemnation, the women disciples of the Lord spake to the Apostles exultantly: Death is despoiled and Christ God is risen, granting great mercy to the world.

Τὸ φαιδρὸν τῆς Ἀναστάσεως κήρυγμα, ἐκ τοῦ Ἀγγέλου μαθοῦσαι αἱ τοῦ Κυρίου Μαθήτριαι, καὶ τὴν προγονικὴν ἀπόφασιν ἀπορρίψασαι, τοῖς Ἀποστόλοις καυχώμεναι ἔλεγον· Ἐσκύλευται ὁ θάνατος, ἠγέρθη Χριστὸς ὁ Θεός, δωρούμενος τῷ κόσμῳ τὸ μέγα ἔλεος.

### **Apolytikion for Martyrs Marcian & Martyrius in the Fourth Mode**

Thy Martyrs, O Lord, in their courageous contest for Thee received as the prize the crowns of incorruption and life from Thee, our immortal God. For since they possessed Thy strength, they cast down the tyrants and wholly destroyed the demons' strengthless presumption. O Christ God, by their prayers, save our souls, since Thou art merciful.

### **Seasonal Kontakion in the Second Mode**

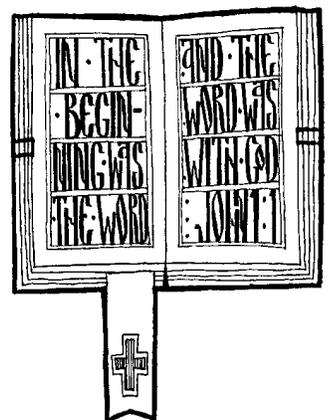
O Protection of Christians that cannot be put to shame, mediation unto the creator most constant: O despise not the voices of those who have sinned; but be quick, O good one, to come unto our aid, who in faith cry unto thee: Hasten to intercession and speed thou to make supplication, O thou who dost ever protect, O Theotokos, them that honor thee.

## **WISDOM OF THE FATHERS**

For if we, going about on the earth which is familiar and well known to us, being encompassed with a body, when we are journeying in a strange road, know not which way to go unless we have some one to lead us; how should the soul, being rent away from the body, and having gone out from all her accustomed region, know where to walk without one to show her the way? St. John Chrysostom, Homily 28 on Matthew 8, 4th Century

# THROUGH THE BIBLE A—Z

- Valued more than many sparrows – Matthew 10:31
- Veil taken away when you turn to Christ – 2 Cor. 3:16
- Vengeance executed for you by the Lord – Psalm 18:47
- Very fruitful caused by the Lord – Psalm 105:24
- Very least of all saints – Ephesians 3:8
- Vessel of honor, sanctified by cleansing yourself – 2 Timothy 2:21
- Vessel of mercy – Romans 9:23
- Vindicated by the Lord – Isaiah 54:17
- Virtuous woman – Ruth 3:11
- Visited by the Dayspring from on high – Luke 1:78
- Visitors here - 1 Chronicles 29:15
- Voice heard by God and you are delivered - Psalm 18
- Voice heard by the Lord, evening, morning and at noon – Psalm 55:17



# CHURCH REGISTRY / ANNOUNCEMENTS

## 40-DAY BLESSINGS

The infant daughter of **Ioannis & Jasmine Goussis** received her 40-day blessing in our Church on August 30.

The infant son of **Chris & Alisha Ingram** received his 40-day blessing in our Church on August 30.

May the blessings of our Church be with the newly-churched infants and their families.

## BAPTISM

The son of **Dr. Ernest & Angela Zichal** was baptized in our Church, September 20 and was given the name **Spyro Nikolaos** by his godmother, **Marcellina Kapp**. Our sincere congratulations to the parents, grandparent, godmother and the infant's entire family.

**Na sas zisi!!!!!!!**

## RECENTLY ILL AND NEEDING

### OUR PRAYERS

We pray for the quick recovery of our friends and fellow parishioners who have been ill and/or recently hospitalized: **Mike Anastasiou, Maria Mitchum, and Dianne Sun.**

**Perastika sas!!!!!!**

### DEATH

Our sincere condolences to the family of **Sadle Daoud** who died August 18 and whose funeral service was held in our Church August 20.

**May her memory be eternal!!!!!!!**

### SPECIAL ANNOUNCEMENT

We ask that you keep in your prayers First Lieutenant **Karri Kyprlandes**, daughter of **Butch & Georgia Kyprlandes**, who is presently serving in Afghanistan. She is in the 1-89 CAV serving as a medical officer.

## ATTENDANCE

September 6	158
September 13	188
September 20	168
September 27	NA
Sept 2015 Ave	168
Sept 2014 Ave	164
YTD 15 Ave	145
YTD 14 Ave	156

## REFRESHMENTS

We thank all those parishioners who served as hosts for the month of September.

The hosts for October are:  
**Oct. 4:** M/M John Sadler, M/M John Samos, M/M Samir Sanbar

**Oct. 11:** Mr. Greg Saur, M/M Eric Schumaker, Mrs. Harita Stavrou, Mr. Nick Stratas.

**Oct. 18:** Ms. Anastasia Savrides, Ms. Athena Savvas, Ms. Pauline Schlim

**Oct. 25:** Ms. Helen Siokis, M/M Phil Siokis, Drs. Andreas & Evgenia Stathopoulos

## Koliva

If you would like to purchase Koliva for memorials, you may contact:

Helen George 722-0610  
Anastasia Savrides 595-1581  
Athena Savvas 599-8455

## Cross+Roads

### CHURCH EMAIL LIST

Subscribe to the church email list for monthly links to the Cross+Roads and important church announcements at:

[www.schgochurch.va.goarch.org](http://www.schgochurch.va.goarch.org)

### DEADLINE

**Please email information no later than the 20th day of the month to Nick Vlattas**  
[nvlattas@hewv.com](mailto:nvlattas@hewv.com)

# PARISH COUNCIL MINUTES

## JUNE 15, 2015

I: Call to Order & Opening Prayer:  
The meeting convened at 1919 by Barry Hendricks with an opening prayer and memorial for Flag Day by Father George Chioros. As part of the Parish Council's religious education initiative, we began the meeting by discussing the significance of the Prosporon. Barry Hendricks encouraged more parishioners to learn how to prepare and offer Prospora for the Liturgy. The following items were discussed, with action items in bold script:

Present: Father George Chioros, Alex Constantine, Barry Hendricks, Barbara France, Gus Fotiadis, Jason Holbrook, Tom Grepiotis, Frank Peri, and Bobby Garofalis

Absent: Elias Doulgerakis, Joanna Vallas, and Alexis Galoozis

Guests/Visitors: Messrs. Nick Matthews and Tom Georges

II: Minutes:  
Frank Peri made a motion to approve the 19h May 2015 meeting minutes; seconded by Dr. Bobby Garofalis, Passed unanimously

III: Correspondence:  
Letter dated 26 May 2015 from the Greek Orthodox Metropolis of New Jersey thanking us for the \$1,000 parish sponsorship for the Metropolis Concert Series, "East Meets West... Musical Bridges" Included were two VIP tickets for the 31 May concert in Baltimore

Letter dated 1 June 2015 from the Orthodox Christian Prison Ministry thanking us for parish contribution of \$243.32

Letter dated 2 June 2015 from Travis Hall, Program Director of the Youth Challenge of Hampton Roads thanking us for offering them the opportunity to serve during the Festival and requesting a community donation to Youth Challenge Mr. Hall highlighted that Youth Challenge workers logged a total of 2,378 man-hours during the festival

Due to their severe financial problems, Mr. Hall requested a donation as soon as possible

Request discussed in new business Receipt dated 8 June 2015 from the Virginia Peninsula Foodbank for the community's donation of 71 lbs. of food items

IV: Treasurer's Report:  
EOM April numbers are trending better than last year YTD  
Stewardship is up, rentals and catering are dramatically higher

Many more rental events, weddings, breakfasts, quinceañeras, etc  
The Russian language school made a generous donation as well for their Hall use

Utilities are also up - most likely consequent of the increase in rentals

V: Visitor's Comments:  
Tom Georges, Nick Matthews: Discussion of AHEPA Agora

In March, AHEPA approached the PC and requested support for the establishment of an Agora to sell Greek food items like olives, olive oil, phyllo dough, and feta as a way to raise funds. Discussed at that meeting was the concern that phyllo dough was being ordered through the church office and then sold to parishioners through the church office. Since there has never been a budget line for these purchases and sales, the PC agreed that this practice should stop immediately.

So far the AGORA has been doing well, however, there is a belief that phyllo dough is still being ordered and sold through the church office. Mr. Georges asked that the PC look into this and ensure the previously arranged agreement is communicated to all PC members and employees.

Mr. Hendricks reiterated that the agreement is valid and will ensure the employees are briefed and that all the PC members understand the Agora agreement

Mr. Georges noted that the market is

doing very well and thanked the PC

Mr. Hendricks underscored the importance of AHEPA to the community and how appreciative the community is of the AHEPA family

Tom Georges: Question about the directory

Mr. Hendricks said this topic is on the meeting's agenda

Bottom line, John Dermanis is preparing the final version for publication

VI: Committee Reports:  
Stewardship Ministry:  
Barry Hendricks: Report from Parish-Soft database maintained in the Church Office, 124 Pledges totaling \$138,295

Youth Report:  
Deferred to Priest's report

House:  
Nothing Significant to report

Festival  
Spring: Mr. Hendricks received an update from Chris Zambas before the meeting. According to Mr. Zambas:

All pro forma projections in all areas were exceeded

Gross is approaching \$400K pending some outstanding bills  
Net profit estimated between \$190K and \$200K

Fall: Mr. Hendricks reported that Mr. Dermanis graciously agreed to lead the event

Most of the committee members are unchanged and work is underway  
Scheduled for 22nd-24th October  
Maintenance Committee  
Fire Inspectors audited the kitchen prior to the Festival; working recommendations

Peeling paint in stairwell to choir loft - in work

Internet Ministries  
Vision and way ahead to be formulated prior to next PC meeting  
Centurion Campaign

Mr. Nick Vlattas is working on the trifolds

(Continued on page 9)

# CHURCH, CLUB AND COMMUNITY NEWS

## PHILOPTOCHOS

Our Literary Committee Chairperson, **Kathy Dermanis**, is as always working very hard to assist those schools in our area that are in need of every kind of assistance. To that end, she asks that **Philoptochos members** bring to the next and subsequent meetings cleaning supplies, i.e. Clorox Wipes, Ajax and other cleaning liquids and powders to be used in schools that have need of them. Also, please, continue to bring us your **box tops for education** as well as **labels from the cans of Campbell Soup** and the **Farm Fresh Receipts**. With the soup labels, please be sure to bring the entire Campbell Soup Label.

And, again, once more, do not forget our **Act of Kindness**. The patients at **Virginia Oncology** look forward to our Monday visits and to the goodies we bring with us. If you, as yet, have not participated in this most worthwhile effort of ours, please call

**Ellie Costulis, 833-8181**, and let her know that you want to help. And, as always, our sincere thanks for all you do.

We remind our members that on **November 1st**, we observe the feast day of

### SS Cosmas and Damianos.

That Sunday, we shall pass our customary tray for the benefit of the **Patriarchate**, and will also hold a **Memorial Service for all deceased members of Philoptochos**. Mark that date on your calendar, and plan to attend the service.

Our obligation to the National for the month of October is a contribution to the

**National Philoptochos Emergency Fund** which enables **Philoptochos** to respond immediately to national or international disasters.

The **October meeting of Philoptochos** will be held Monday, October 5, in the Community Center, starting with refreshments at 6:30 pm. The Hostesses are:

**Presvytera Flora Chioros and Mrs. Barbara France.**

**KALO MINA EVERYONE!!!**

## DAUGHTERS OF PENELOPE

As mentioned in the September issue of the **Cross+Roads**, in the Supreme Convention in San Francisco this past July, the **Daughters** identified three mandatory and three voluntary obligations to which all chapters throughout the U.A. must contribute.

The first mandatory obligation identified for the current term is the **Penelope House**

**Family Violence Center** which is the first shelter for battered women and children in Alabama and was founded under the direction of the **Daughters of Penelope Chapter** in 1978. **Penelope House** was one of the first such shelters in the nation and has served as a model for many shelters in the U.S. **Penelope House** helps victims of domestic violence to gain social and economic independence through shelter, counseling, information and referral services to families in abusive situations. **Penelope House** provides shelter to victims of domestic violence and their children. Victims are provided a safe place to stay while assessing their life situation and setting goals for the future. Financial support to **Penelope House** helps save lives of victims of domestic violence and their children and helps provide them needed services.

We remind our members that **Kathy Matthews** has volunteered to take various grooming items to local shelters which always have need of them. Please, do bring, wipes, shampoos, soaps, diapers, etc. so that we can help in any way we can those less fortunate than ourselves. **THANK YOU!!!**

The October meeting of the **DOP** will be Thursday, October 29, in the AHEPA Family Home starting at 6:45 with dinner.

### HELLENIC WOMAN'S PENELOPE SOCIETY

The Hellenic Woman's **Penelope Society (HWPS)** will meet on **Thursday, October 1, 2015 at 6:00 PM at the Hellenic Center.** **Flossie Kaligos** will serve as host-



The Sts. Constantine and Helen and the Annunciation Cathedral book clubs met recently beginning with prayer in the Biblical garden. Pictured are Father George, Marika Anthony, Athena Savas, Maggie Thompson, Voula Vretakis, Kathy Vrettos, Rita Parish, John and Alexandra Pitselis, Elizabeth Woods, Bobbie Galiotos, Elie Kalisperides, Chris Bachas, Jane Williams.

ess.

In line with one of the goals of our mission statement, **"to keep abreast of issues which affect our health and daily life,"** we will be exposed to an interesting program entitled, **"Discover Food Secrets—Pluses and Minuses."** **ALL MEMBERS ARE REMINDED TO BRING THEIR HWPS BOOKS TO BE UPDATED.**

On **Monday, September, 21<sup>st</sup>**, we hosted the **Norfolk Annunciation Cathedral's Book Group** and we discussed the #1 international best seller, **The Return**, by **Victoria Hislop**. The **Time Out London** described the book as **"A cracking historical romance mixed with a dash of family secrets and a splash of female self-discovery."** Prior to our discussion the two groups met in the **Biblical Garden** and participated in a **mini-prayer service for the protection of the environment, thus answering the call to action by His Holiness Ecumenical Patriarch Bartholomew I, who in an encyclical to all Orthodox Churches around the world designated the beginning of each ecclesiastical year (September) as the month of reminding ourselves that we have a moral responsibility to protect God's creation.**

Our **Fall Bake Sale** is sched-

uled for **Saturday, November 21<sup>st</sup>** from **10:00 AM – 1:00 PM** in the foyer of the Hellenic Center. **All of our pastries are made locally.** If interested, we urge you to **place an advanced order by calling 757-596-6909.**

Upon popular request, we are reopening the purchase of **pavers (bricks)** in the **Biblical Garden**. If interested in honoring or memorializing a friend or a loved one, please contact either **Marika Anthony** or **Maggie Thompson** to obtain an order form.

We welcome back all members who have returned home from their summer vacations and hope to see you at the October meeting and thereafter.

## JOY / HOPE FALL FESTIVAL

The Annual **JOY/HOPE** Fall Festival will take place in the Hellenic Community Center on Sunday, November 1st following the Divine Liturgy and Sunday School. All children, ages 3-12, are encouraged to attend. Join us for some fall fun; Bounce Houses, Face Painting, Games, Crafts & Snacks. If you are interested in making a donation for this event please contact Helen Micha, 757-750-6044.



# PARISH COUNCIL MINUTES

(Continued from page 6)

Committee is ready to launch Other Committees  
Nothing Significant to Report  
VII: Priest's and Youth Report  
7th June 2015: The new Philoptochos board was sworn in, congratulations to new President Trish Demson  
8th June 2015: The church made its contribution to the Foodbank  
9th June 2015: Fr. George offered the opening prayer at Newport News City Council at the invitation of Mayor Price  
10th June 2015: Cross+Roads was taken to the post office on Wednesday, however there was an issue with the bulk mail fee  
Issue was corrected and the Cross+Roads went out on 15th June 2015  
12th June 2015: GOYA held its end-of-year dinner at Salsa's, congrats to Mary Katherine Galoozis reelected president  
22nd-26th June 2015: Vacation Bible School is in final preparations  
23 kids registered so far, looks like a good program  
Grade levels are being grouped now - volunteers have been putting a lot of effort into ensuring success  
28th June-3rd July 2015: Camp Good Shepard VA will open in Camp Plankatank  
Parishioners are reminded that students can attend either or both camps  
Fr. George will attend from 30th June  
Staff from Sts. Constantine and Helen include Dimitri Konstantinou, Greg Saur, and Renee Saur  
48 Kids are registered so far and Sts. Constantine and Helen hosted mandatory staff certification on 6th June  
VIII: Unfinished Business:  
Church Calendar Update  
Nothing significant to report  
Church Directory  
Final stages, should be ready for publication next month  
Strategic Planning Initiative  
Barry Hendricks: working towards getting started in the Fall. Will include work groups and meetings with representation from all organizations  
Review of Church Investment Account with Morgan Stanley  
Pete Kokolis completed his overview and verified that the investment strategy is being conducted in accordance with the previous investment committee's directions with regards to risk and rate of return  
He has proposed an updated scheme for review by a new committee should the PC desire to change the strategy to change the risk tolerance to garner a higher rate of return  
PC discussed standing up a committee to review the recommendations and complete a risk questionnaire to repositure the investment for growth  
The previous committee made its recommendations almost 10 years ago and needs to be updated / revaluated

PC discussed potential committee members to approach - PC president Mr. Hendricks will address the issue with some parishioners  
Sunday School Director:  
The search is still on for a new director - Fr. George is interviewing potential candidates  
Prison Ministry:  
Father George: Donation was made and accepted on Thursday, 11th June 2015  
Flags in Front of the Church:  
Replaced  
National Ministries Commitment Complete by suspense of 15th June  
VIII: New Business:  
Youth Minister Summer Hire  
Frank Peri proposed hiring a summer youth minister and recommended Dimitri Konstantinou for the position  
Intent would be to oversee the summer program and facilitate the rigorous planning for the fall and spring youth ministry  
Jason Holbrook: Motion to hire Dimitri Konstantinou for the summer as Youth Ministry Advisor, seconded by Gus Fotiadis  
Discussion: Fr. George noted that he will be an asset, and that the experience is good for him as a future cleric  
His help would be invaluable in establishing the Sunday School Curriculum  
Dr. Garofalis: It is important that we set expectations and deliverables  
Mr. Peri: The PC can set the hours and requirements  
Mr. Matthews: The personnel committee recommends the position to be a minimum of 20 hours per week for 10 weeks at \$10 per hour for an investment of \$2,000, with several major goals to accomplish and an obligation to help search for and identify a permanent director of youth ministries - full details to be detailed in employee handbook  
Jason Holbrook recommends the committee be given the leeway to adjust hours as required  
Mr. Hendricks emphasized that this position oversees a critical ministry of the church and must be titled as such  
Question Called: Passed unanimously  
Mr. Matthews will contact Mr. Konstantinou to explain salary, duties, and begin orientation 16th June 2015  
Youth Challenge Donation  
Discussed donation to Youth Challenge and when donation would be made  
Mr. Zambas recommended a \$10K donation this year  
Dr. Garofalis: Motion to donate \$10K, seconded by Frank Peri, passed unanimously  
Mr. Peri: Motion to issue a check NLT 16 June 2015, seconded by Dr. Garofalis, passed unanimously  
Round Table  
Frank Peri: Last year the church held a yard sale and there is much left over - recommend hosting another one  
Previous sale was very successful

and well-run - August/September might be a good time  
Dr. Bobby Garofalis agreed to find a chair and will review the September calendar for keep-out dates  
Barbara France: A parishioner approached the house committee about repainting the parking lanes  
Barry Hendricks: His son, Hayden Hendricks approached Fr. George about a potential Eagle Scout project and Fr. George suggested the parking spaces as a project for him to organize - he will investigate and organize a team. Target is for work to be complete in the Fall.  
Fr. George: Thanks to the ushers for welcoming a new family this week and providing them the new member sheets to and other welcome material  
IX: Adjournment:  
Fr. George offered the closing prayer at 2055. Next meeting 17th August 2015 (tentative).  
X: Certification:  
Respectfully Submitted  
Alexander N. Constantine

## AUGUST 31, 2015

I: Call to Order & Opening Prayer:  
The meeting convened at 1900 at Angelo's by Barry Hendricks with an opening prayer followed by dinner. The following items were discussed, with action items in bold script:  
Present: Father George Chioros, Alex Constantine, Barry Hendricks, Barbara France, Gus Fotiadis, Jason Holbrook, Frank Peri, Bobby Garofalis, and Alexis Galoozis  
Absent: Elias Doulgerakis, Tom Grepitot, Joanna Vallas  
Guests/Visitors: Mr. Hayden Hendricks, Mr. and Mrs. Bob and Trish Demson  
II: Minutes:  
Barbara France made a motion to approve the 15th June 2015 meeting minutes; seconded by Alexis Galoozis, Passed unanimously  
III: Correspondence:  
Undated Letter of invitation from the Presidents and Members of the Boards of the Metropolis of New Jersey Philoptochos Maryland and Northern Virginia Chapters to a dinner titled "An Evening of Reflection, Hope, and Unity" on September 12th, in Leesburg, Virginia. RSVPs due September 1st \*\*\*This event was cancelled  
Letter dated July 29, 2015 from the Boys and Girls Clubs of the Virginia Peninsula announcing the grand opening event, "Bright Lights, Bright Futures", for the TowneBank Athletic Park on September 11, 2015. Also requested a \$100 donation to sponsor a game booth  
Donation receipt dated June 23, 2015 from Youth Challenge acknowledging receipt of our \$10,000 donation.  
IV: Treasurer's Report:  
YTD we are \$20K + on revenue, driven by an increase in stewardship and rentals, offsetting a decline in festival revenues  
Expenses are below budget YTD by

\$15K  
V: Visitor's Comments:  
Discussed during unfinished business  
VI: Committee Reports:  
Stewardship Ministry:  
Barry Hendricks: Report from Parish-Soft database maintained in the Church Office, 137 Pledges totaling \$152,275  
65 contributions from members who did not fill out cards  
Youth Report:  
Dimitri Konstantinou submitted a report detailing the activities he oversaw during his tenure  
See attached report  
Fr. George noted that Mr. Konstantinou did an excellent job this past summer as youth ministry advisor  
The PC discussed hiring a full-time youth minister given the need and what appears to be budgetary feasibility  
The PC will investigate recruiting from among the upcoming graduates at Holy Cross  
House:  
Nothing Significant to Report  
Festival  
Fall: Scheduled for 22nd-24th October - Chairman Mr. John Dermanis is working details  
Maintenance Committee  
Even though the system has been grandfathered, the insurance company requires semi-annual testing to certify the system and the local fire suppression companies will no longer test the type of system currently installed  
Replacement estimate from Commonwealth Fire Systems LLC is \$4,400  
Mr. Ted Fotiou has offered to donate the electrical work  
Awaiting second estimate for the fire suppression system replacement  
The PC attempt to garner the second estimate and will authorize the work prior to next PC meeting  
Internet Ministries  
Nothing Significant to Report  
Centurion Campaign  
There will be an article in Cross+Roads next month providing background and status on the campaign  
Thus far donations have reached \$6,000 without structured marketing  
Intent is to secure commitments to be paid by September 2016  
Baseline goals: \$72K to pay off the hall note, establish a \$40K reserve for capital expenses, and donate \$12K on behalf of the parish to St. Nicholas  
Other Committees  
Nothing Significant to Report  
VII: Priest's and Youth Report  
6th September 2015: Return to Regular Hours  
12th September 2015: Russian School starts in the Hall  
13th September 2015: 1st Day of Sunday School followed by the AHEPA Barbeque  
Viola Nichols Allen has generously agreed to chair the Sunday School Ministry

(Continued on page 11)

# Indoor Church Community Fundraiser



Saturday, October 10 from 8 a.m. to 5 p.m.  
 Sunday, October 11 from 12 p.m. to 3 p.m.

## All funds raised go to support the Sacalis Hall Renovation!

**SAVE YOUR STUFF FOR US !!**

We will be accepting donations of household items, furniture, books, clothing in good condition only, etc. They may be dropped off at the Hellenic Center office/stage. To arrange a pick up of donations or if you are interested in volunteering to help set-up or work during the fundraiser, please contact John Dermanis, Anastasia Theodorogiannis, Tessie Dakis or Athena Savvas.



## Centurion Campaign Commitment

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

I / We wish to make a commitment to the Centurion Campaign in the amount of:

- \$1,800
- \$1,350
- \$1,000
- Other \$ \_\_\_\_\_

Please return to the Church Office or place in the collection tray during Liturgy.

Centurion Campaign Goals		
Donation Category	Number of Donations	Donation Goal Totals
\$1,800	20	\$36,000
\$1,350	30	\$40,500
\$1,000	50	\$50,000
<b>TOTAL</b>	<b>100</b>	<b>\$126,500</b>
<b>\$126,500 will support:</b>		
<b>Renovation / Reserve (90%)</b>		<b>\$113,900</b>
<b>Saint Nicholas (10%)</b>		<b>\$12,600</b>

**CAMPAIGN GOAL \$126,500 by 9/1/2016:** 1) Pay off our remaining financial obligations on the Sacalis Hall renovation; 2) Establish an emergency capital expense reserve; and 3) 10% of funds raised for parish donation to the Saint Nicholas Orthodox Church and Shrine.

# PARISH COUNCIL MINUTES

(Continued from page 9)

26th September 2015: Father Savas Constantinou memorial walk Proceeds fund seminarians, scholarships, and various charities Last year's walk funded \$10K in charity  
Flyer attached to the minutes and available in the church  
2nd October-10th January: The Saints and Dragons exhibit opens at the Chrysler Museum of Art, Free admission  
Flyers available in the Narthex  
10th-11th October 2015: Next Garage Sale  
3rd-6th November 2015: National Clergy Retreat – Registration will be due prior to 2th October to keep fees down  
Speakers in the Narthex: Middle Amp appears to be shot – technician will come out on Wednesday to investigate, quote, and work repair  
New Years' Eve: This year is Sts. Constantine and Helen's turn  
Dr. Garofalis is already interviewing bands and vendors  
VIII: Unfinished Business: Church Calendar Update  
Mr. Hendricks reiterated the importance of getting this right to obviate schedule conflicts  
Church Directory Update  
Final stages, should be ready for publication next month  
Review of Church Investment Account with Morgan Stanley  
Bob Demson discussed the investment accounts with Pete Kokolis  
Issue comes down to how much the parish feels is reasonable to put at risk  
Given the low value of the account there are few options – given that there is little discretionary income to invest, a percentage of principle would have to be invested at higher risk which would leave that portion vulnerable to market forces  
Options: Create a cash account (i.e. CD) with some percentage or select a portion to put at risk/reevaluate the strategy  
Selected option should take into account potential cash requirements given impending capital expenses  
Current distribution is largely equities – a fixed account would be more stable given current market volatility  
Discussion: PC Discussed identifying a cash requirement first, a long-term replenishment strategy, and then determining how to invest the funds to meet those requirements  
The PC requested Mr. Demson continue to investigate the accounts and how to posture the accounts to meet the church's needs  
The PC will invite Mr. Kokolis to the next PC Meeting  
Parking Lot Painting:  
Hayden Hendricks presented his plan for an Eagle Scout Project to re-stripe and improve the parking lot  
Intent is to spend \$400 on materi-

als to be defrayed by donations, and donations of talents and time from willing parishioners  
Intent is to paint on a Saturday in September (26th September with a rain date of 3rd October) – dry time is ~30mins  
GOYA would also take on this project as their monthly service project  
Gus Fotiadis made a motion to authorize Hayden Hendricks to paint the lot with a cash cap of \$1000, seconded by Dr. Garofalis.  
Question: Passed unanimously.  
VIII: New Business:  
Kitchen Fire Suppression System Discussed during Maintenance Committee  
Church Painting Proposal  
The Parish received a proposal from Picasso to paint the interior of the church for \$11K  
This was in response to a solicitation from a parishioner after paint chips were discovered under the narthex skylights  
The parish has already received several donations to defray the costs of the project  
The PC discussed breaking down the estimate to cover the high-priority items (namely the areas with chipping/damaged paint) with the donations received and table the less essential tasks till next year given looming expenses for the fire suppression system and so on  
The PC voted to authorize the \$7500 broken out for the Narthex projects with the money collected to date  
PORT Project Host in December 16th-23rd December: Sts. Constantine and Helen will host PORT  
24th September: Meeting at Mary Immaculate for the host churches, Fr. George and Trish Demson to attend  
Discuss/Set date for Fall GA  
Next GA will be 18th October  
PC Nominating and Electing Committee  
Deferred till Next Meeting – at least 5 spots will be open  
1st Sunday in November is the election  
CY16 Budget Preparation  
Deferred till Next Meeting  
Meeting Date Discussion: Is the 3rd Monday of the Month Still a Good Date?  
Deferred till Next Meeting  
Round Table  
Nothing Significant to Report  
IX: Adjournment:  
Fr. George offered the closing prayer at 2055. Next meeting 21st September 2015 (tentative).  
X: Certification:  
Respectfully Submitted  
Alexander N. Constantine

## October 2015

Sun	Mo	Tue	We	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

### 1 Thursday

7:00pm HWPS

### 4 Sunday

2nd Sunday of Luke

8:45am Orthros

10:00am Divine Liturgy

### 5 Monday

6:30pm Philoptochos Meeting

### 6 Tuesday

5:00/8:00pm Greek School

### 7 Wednesday

5:00/8:00pm Greek School

5:45pm Paraclesis

6:30pm Adult Education

7:15pm Choir

### 11 Sunday

7th Ecumenical Council

Choir Recognition Sunday

8:45am Orthros

10:00am Divine Liturgy

2:30pm Wedding

### 12 Monday

10:30am Golden Hearts

7:00pm Parish Council

### 13 Tuesday

5:00pm/8:00pm Greek School

### 14 Wednesday

5:00pm/8:00pm Greek School

Paraclesis 5:45pm

6:30pm Adult Education

7:15pm Choir

### 18 Sunday

Saint Luke the Evangelist

8:45am Orthros

10:00am Divine Liturgy

General Assembly following Divine Liturgy

### 20 Tuesday

5:00pm/8:00pm Greek School

### 21 Wednesday

5:00pm/8:00pm Greek School

Paraclesis 5:45pm

6:30pm Adult Education

Choir 7:15pm

### 22 Thursday

Fall Festival (4pm-10pm)

### 23 Friday

Fall festival (11am – 10pm)

### 24 Saturday

Fall Festival (11am – 10pm)

### 25 Sunday

6th Sunday of Luke

8:45am Orthros

10:00am Divine Liturgy

3 Year Memorial for Georgiana Ringas

6:00pm Great Vespers at

St. Demetrios, Williamsburg

### 26 Monday

St. Demetrios

9:00am Orthros

10:00am Divine Liturgy

### 27 Tuesday

5:00pm/8:00pm Greek School

### 28 Wednesday

Oxi Day

5:00pm/8:00pm Greek School

5:45 Paraclesis

6:00pm Adult Education

7:15pm Choir

### 29 Thursday

6:45pm Ahepa/Daughters Meeting

**Saints Constantine & Helen  
Greek Orthodox Church  
60 Traverse Road  
Newport News VA 23606**

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## COME WORSHIP THE GLORY OF GOD



### Sunday Services

8:15 a.m. Matins  
9:30 a.m. Divine Liturgy  
11:15 a.m. Religious Education (Sep-May)  
11:30 a.m. Christian Fellowship (Hellenic Center)

### Mission Statement

The mission of Saints Constantine & Helen Greek Orthodox Church in Newport News, Virginia is to keep, practice, and proclaim the Orthodox Christian Faith. The work and ministry of our Parish will include proclaiming the Gospel, sanctifying the faithful through God's grace in worship, the Divine Liturgy and the Sacraments, and enhancing their spiritual life. We will fulfill the great commission of our Lord and Savior Jesus Christ by inviting others into the Church through Baptism and/or Chrismation, educating them in the Orthodox Faith through the establishment of programs, schools and philanthropic activities, and implementing Christian ministries.